

**KEEP IT SACRED**



National Native Network  
Tobacco Control and American Indian Cancer  
Policy



# Tobacco Control and American Indian Cancer Policy

Donald K. Warne, MD, MPH  
Associate Professor and Chair  
Department of Public Health

Donald Warne is the Senior Policy Advisor to the Great Plains Tribal Chairmen's Health Board. He is a member of the Oglala Lakota tribe from Pine Ridge, SD. Dr. Warne received his MD from Stanford University School of Medicine and his MPH from Harvard School of Public Health.

Professional activities include:

- Member, National Board of Directors, American Cancer Society
- Member, Minority Affairs Section and Association of American Indian Physicians Representative to the American Medical Association
- Member, Advisory Committee on Rural Health and Human Services, US Department of Health and Human Services
- Member, National Institutional Review Board, Indian Health Service

# Faculty Disclosure Statement

- As a provider accredited by ACCME, ANCC, and ACPE, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any significant financial relationships or affiliations with any manufacturers or commercial products to disclose.

# Faculty Disclosure Statement

- Funding for this webinar was made possible by the Centers for Disease Control and Prevention DP13-1314 Consortium of National Networks to Impact Populations Experiencing Tobacco-Related and Cancer Health Disparities grant. Webinar contents do not necessarily represent the official views of the Centers for Disease Control and Prevention.
- No commercial interest support was used to fund this activity.

# Accreditation

The Indian Health Service (IHS) Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The IHS Clinical Support Center designates this live activity for 1 hour of *AMA PRA Category 1 Credit™* for each hour of participation. Physicians should claim only the credit commensurate with the extent of their participation in the activity. .

The Indian Health Service Clinical Support Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is designated 1.0 contact hour for nurses.

# CE Evaluation and Certificate

- Continuing Education guidelines require that the attendance of all who participate be properly documented.
- To obtain a certificate of continuing education, you must be registered for the course, participate in the webinar in its entirety and submit a completed post-webinar survey.
- The post-webinar survey will be emailed to you after the completion of the course.
- Certificates will be mailed to participants within four weeks by the Indian Health Service Clinical Support Center.

# Learning Objectives

By the end of this webinar, participants will be able to:

1. Identify patterns of AI tobacco use.
2. Identify patterns of AI cancer mortality.
3. Recognize the role of health care professionals working with tribal leadership in creating tobacco control policy.

# **Tobacco Control and American Indian Cancer Policy**

**National Native Network Webinar  
Inter Tribal Council of Michigan  
January 26, 2016**

**Donald Warne, MD, MPH**

***Oglala Lakota***

**Chair, Department of Public Health  
North Dakota State University**



# Pine Ridge Reservation Kyle, S.D.

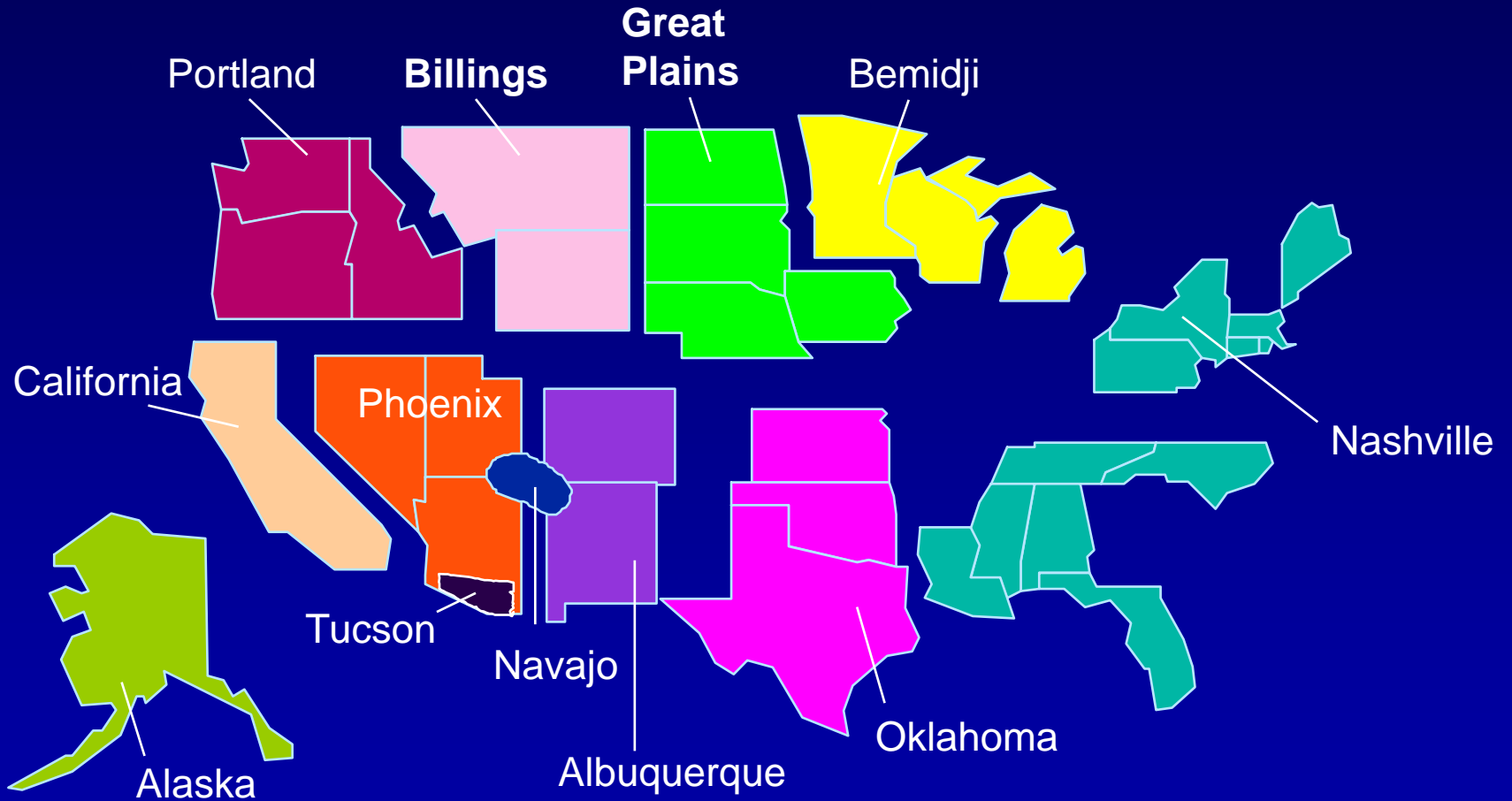






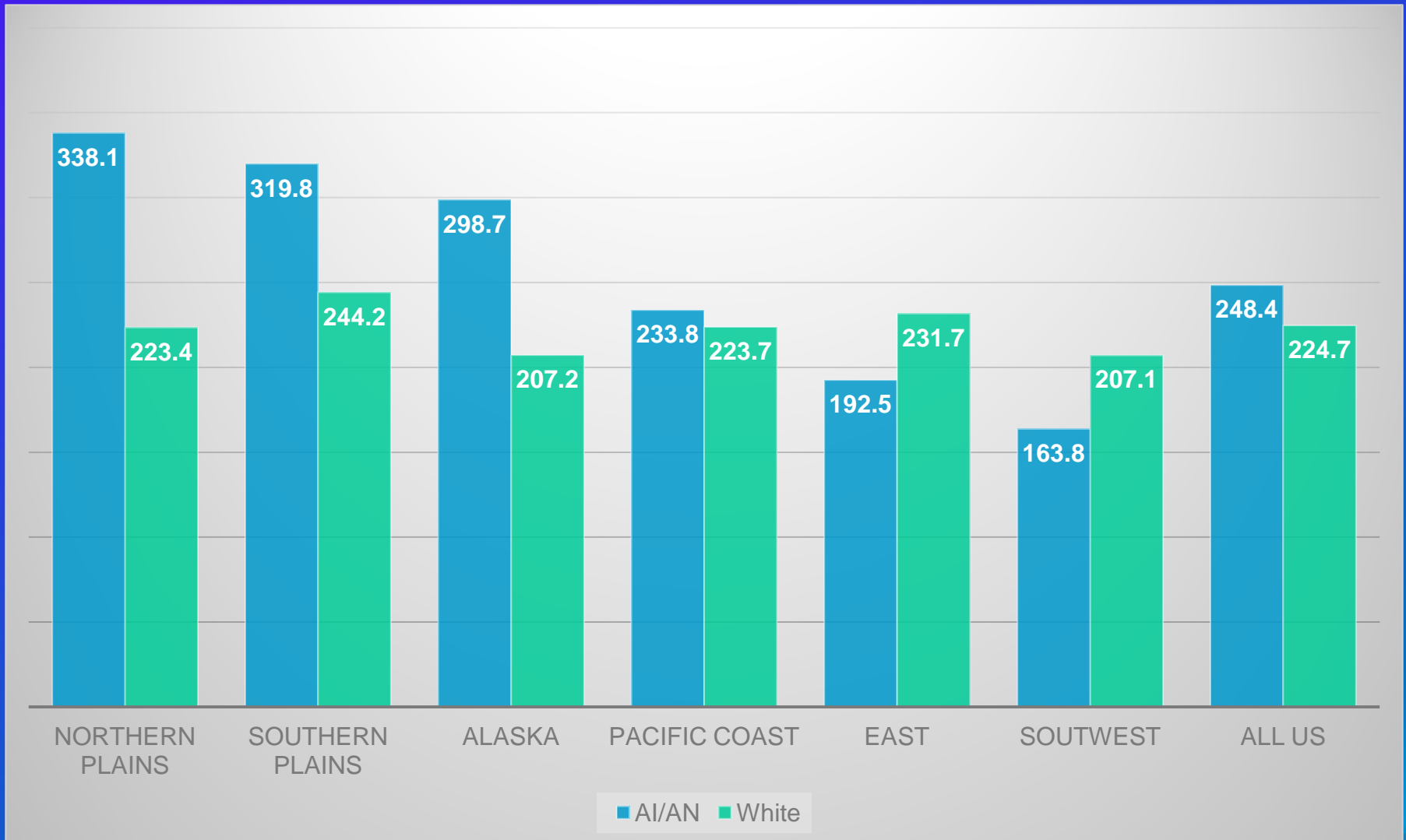


# IHS Areas

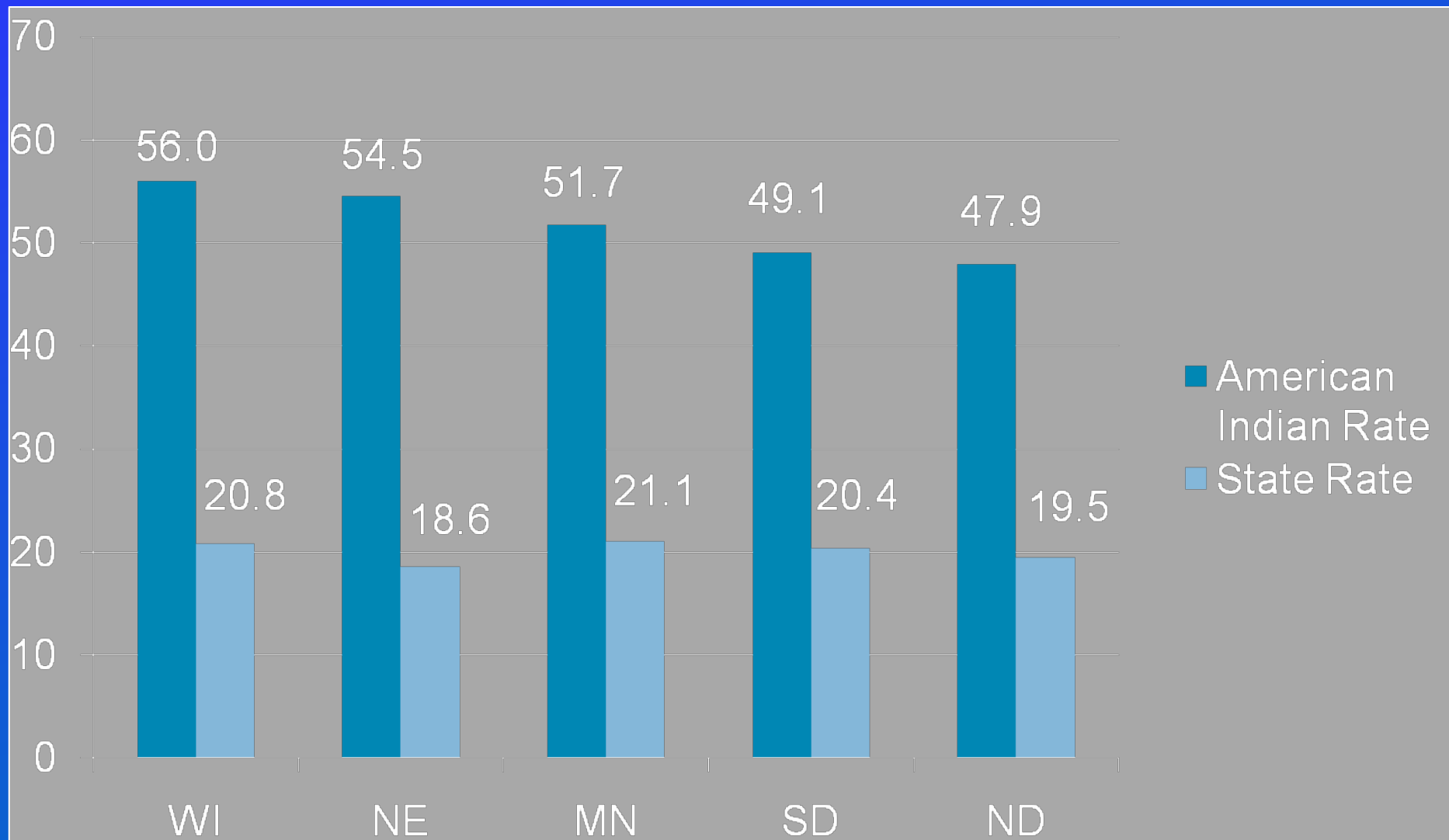


# Cancer Death Rates

(Rate per 100,000 population)



# Smoking Disparities by State



# Traditional Tobacco ≠ Commercial Tobacco

**Traditional Tobacco**



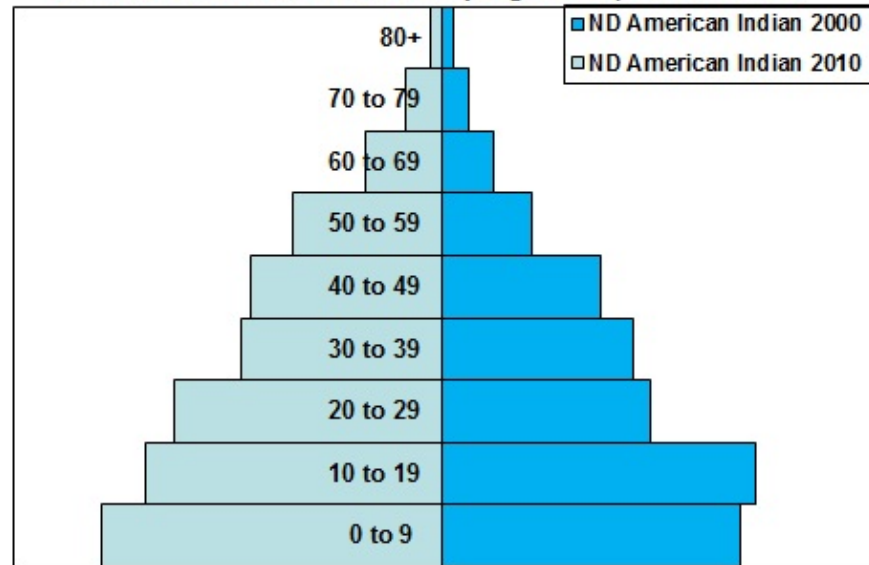
**Commercial Tobacco**



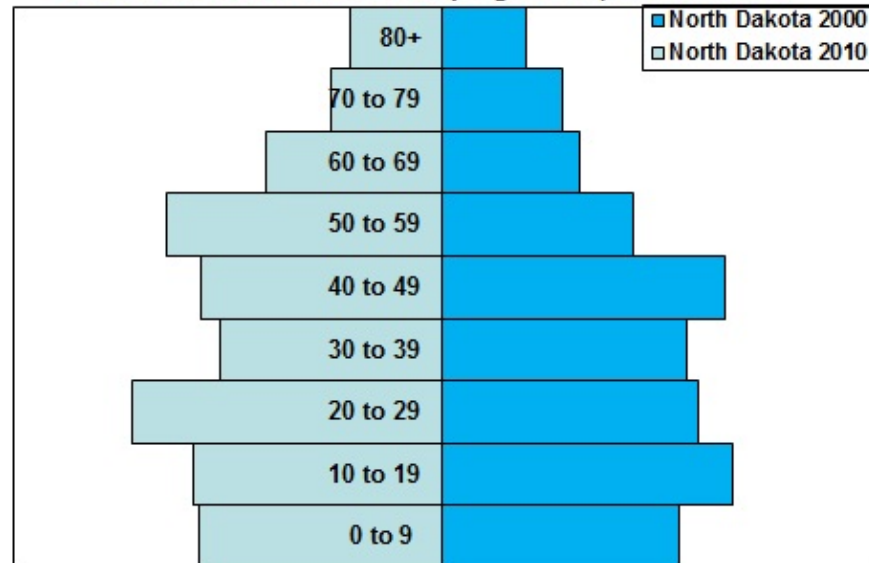


# Comparison of 2000 and 2010 Age Pyramids for American Indians and the General Population in North Dakota

Number of American Indians by Age Group and Census



Number of North Dakotans by Age Group and Census



# Death Rates in ND

(Rate per 100,000 population per year)

## Deaths and Age Adjusted Death Rate by Cause, 2006-2010

	American Indians Number (Adj. Rate)	North Dakota Number (Adj. Rate)
All Causes	1,300 (6,589)	28,923 (687)
Heart Disease	227 (1,345)	7,121 (162)
Cancer	252 (1,337)	6,544 (162)
Stroke	34 (241)	1,696 (38)
Alzheimers Disease	21 (218)	1,936 (40)
COPD	50 (350)	1,607 (39)
Unintentional Injury	188 (589)	1,545 (42)
Diabetes Mellitus	91 (506)	1,072 (26)
Pneumonia and Influenza	17 (114)	702 (15)
Cirrhosis	85 (333)	289 (8)
Suicide	53 (143)	462 (14)

# Average Age at Death in ND

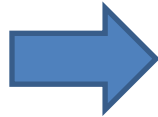
Average Age at Death by Cause, North Dakota and		
	American Indian	North Dakota
All Causes	54	76
Heart Disease	63	80
Cancer	64	73
Stroke	71	82
Alzheimers Disease	83	88
COPD	70	79
Unintentional Injury	36	56
Diabetes Mellitus	65	77
Pneumonia and Influenza	65	83
Cirrhosis	48	57
Suicide	31	41

# Cancer Control Model

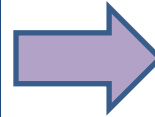
Public Health

Medicine

**Primary Prevention:  
Tobacco & Obesity**



**PH / Medicine:  
Cancer Screening**



**Medicine:  
Diagnosis & Staging**

## Essential PH Services

Community Engagement  
Tobacco Prevention  
Health Education  
Health Promotion  
Obesity Prevention  
Community Health  
Workers  
Screening Access &  
Navigation

- Tobacco Cessation Therapy
- Obesity Treatment  
(medical/surgical)

# Cancer Control Model

Public Health

Medicine

**Primary Prevention:  
Tobacco & Obesity**

**PH / Medicine:  
Cancer Screening**

**Medicine:  
Diagnosis & Staging**

**Essential PH Services**  
Community Engagement  
Tobacco Prevention  
Health Education  
Health Promotion  
Obesity Prevention  
Community Health  
Workers  
Screening Access &  
Navigation

- Tobacco Cessation Therapy
- Obesity Treatment  
(medical/surgical)

*Patient Navigation/  
Care Coordination*

**Treatment**  
(Surgery, Radiation,  
Chemotherapy, etc.)

# Cancer Control Model

Public Health

Medicine

**Primary Prevention:  
Tobacco & Obesity**

**PH / Medicine:  
Cancer Screening**

**Medicine:  
Diagnosis & Staging**

**Essential PH Services**  
Community Engagement  
Tobacco Prevention  
Health Education  
Health Promotion  
Obesity Prevention  
Community Health  
Workers  
Screening Access &  
Navigation

*Patient Navigation/  
Care Coordination*

**Survivorship /  
Follow up Care**

**Treatment**  
(Surgery, Radiation,  
Chemotherapy, etc.)

- Tobacco Cessation Therapy
- Obesity Treatment  
(medical/surgical)

# Cancer Control Model

Public Health

Medicine

Primary Prevention:  
Tobacco & Obesity

PH / Medicine:  
Cancer Screening

Medicine:  
Diagnosis & Staging

*Patient Navigation/  
Care Coordination*

Survivorship /  
Follow up Care

Treatment  
(Surgery, Radiation,  
Chemotherapy, etc.)

**Essential PH Services**  
Community Engagement  
Tobacco Prevention  
Health Education  
Health Promotion  
Obesity Prevention  
Community Health  
Workers  
Screening Access &  
Navigation

- Tobacco Cessation Therapy
- Obesity Treatment (medical/surgical)

**Palliative Care:**  
Family Support, Social  
Work, Hospice Care

**Palliative Care:**  
Pain Management,  
Symptom Relief, etc.

# AMERICAN INDIAN HEALTH POLICY

- Do people have a legal right to healthcare in the US?
- Approximately \$3 trillion spent annually on healthcare in the US
- Over 45 million uninsured people in the US in 2010—over 18 million new enrollees under ACA (Marketplace & Medicaid expansion)



## Legal Basis for Federal Services to American Indians and Alaska Natives

- ✓ United States Constitution
- ✓ The Snyder Act of 1921
- ✓ The Transfer Act of 1954
- ✓ Indian Sanitation Facilities and Services Act of 1959
- ✓ The Indian Self-Determination and Education Assistance Act (enacted 1975)
- ✓ Indian Health Care Improvement Act of 1976
- ✓ The Indian Alcohol and Substance Abuse prevention and Treatment Act of 1986
- ✓ The Indian Child Protection and Family Violence Prevention Act of 1990

*This is not an all-inclusive list.*

### TREATY WITH THE POTAWATOMI NATION, 1846.

Wichetas:  
 To-sa-quas, (White Tail,  
 Cho-wash-ta-ha-da, (Runner,  
 Kow-wah, (Shirt Tail,  
 Wich-qua-sa-is, (Contrary,  
 His-si-da-wah, (Stubborn.)  
 Towa-karroos:  
 Ke-chi-ko-ra-ko, (Stubborn,  
 Nes-ho-chil-lash, (Traveller,  
 Na-co-ah, (Dangerfield,  
 Ka-ra-ko-ris, (Deceiver,  
 Ha-ke-di-ad-ah, (Gallant Man,  
 Wha-cha-ash-da, (Looker-on,  
 Wash-le-doi-ro-ka, (Don't you do so,  
 Te-ah-kur-rah, (Lightman,  
 Sar-rah-de-od-a-sa, (Straight Looker.)  
 Wacoos:  
 A-qua-gosh, (Short Tail.)

Ho-hed-orah, (Long Ways over the River,  
 Chos-toch-ka-a-wah, (Charger,  
 Cha-to-wait, (Ghost.)  
 Secretaries:  
 Thomas J. Wilson,  
 Isaac H. Du Val.  
 Witnesses:  
 Robt. S. Neighbors,  
 Hugh Rose,  
 Jno. H. Rollins,  
 Thomas J. Smith,  
 E. Morehouse.  
 Interpreters:  
 Louis Sanches,  
 John Conner,  
 Jim Shaw.

(To each of the names of the Indians is affixed his mark.)

### TREATY WITH THE POTAWATOMI NATION, 1846.

Whereas the various bands of the Pottowautomie Indians, known as the Chippewas, Ottawas, and Pottowautomies, the Pottowautomies of the Prairie, the Pottowautomies of the Wabash, and the Pottowautomies of Indiana, have, subsequent to the year 1828, entered into separate and distinct treaties with the United States, by which they have been separated and located in different countries, and difficulties have arisen as to the proper distribution of the stipulations under various treaties, and being the same people by kindred, by feeling, and by language, and having, in former periods, lived on and owned their lands in common; and being desirous to unite in one common country, and again become one people, and receive their annuities and other benefits in common, and to abolish all minor distinctions of bands by which they have heretofore been divided, and are anxious to be known only as the Pottowautomie Nation, thereby reinstating the national character; and

Whereas the United States are also anxious to restore and concentrate said tribes to a state so desirable and necessary for the happiness of their people, as well as to enable the Government to arrange and manage its intercourse with them:

Now, therefore, the United States and the said Indians do hereby agree that said people shall hereafter be known as a nation, to be called the Pottowautomie Nation; and to the following

*Articles of a treaty made and concluded at the Agency on the Missouri River, near Council Bluffs, on the fifth day of June, and at Pottowatomie Creek, near the Osage River, south and west of the State of Missouri, on the seventeenth day of the same month, in the year of our Lord one thousand eight hundred and forty-six, between T. P. Andrews, Thomas H. Harvey, and Gideon C. Mallock, commissioners on the part of the United States, on the one part, and the various bands of the Pottowautomie, Chippewas, and Ottawas Indians on the other part:*

ARTICLE 1. It is solemnly agreed that the peace and friendship which so happily exist between the people of the United States and the Pottowautomie Indians shall continue forever; the said tribes of Indians giving assurance, hereby, of fidelity and friendship to the Government and people of the United States; and the United States giving, at the same time, promise of all proper care and parental protection.

June 5 and 17, 1846  
 9 Stat. 863.  
 Ratified, July 1846.  
 Proclaimed, July 1846.

Preamble.

Peace and friendship to continue forever.

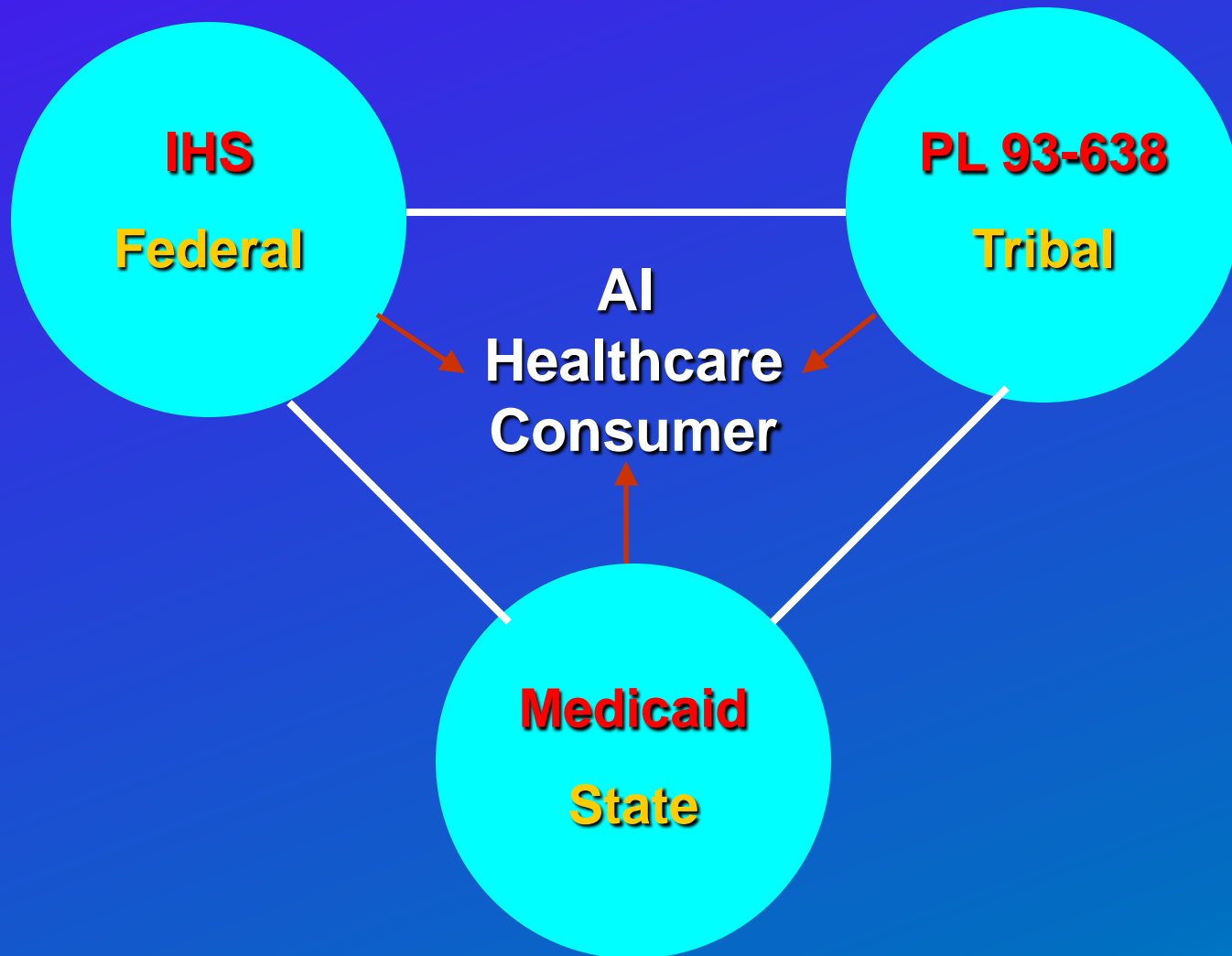
# Indian Health System 1955-1975



# Indian Health System 1975-1985



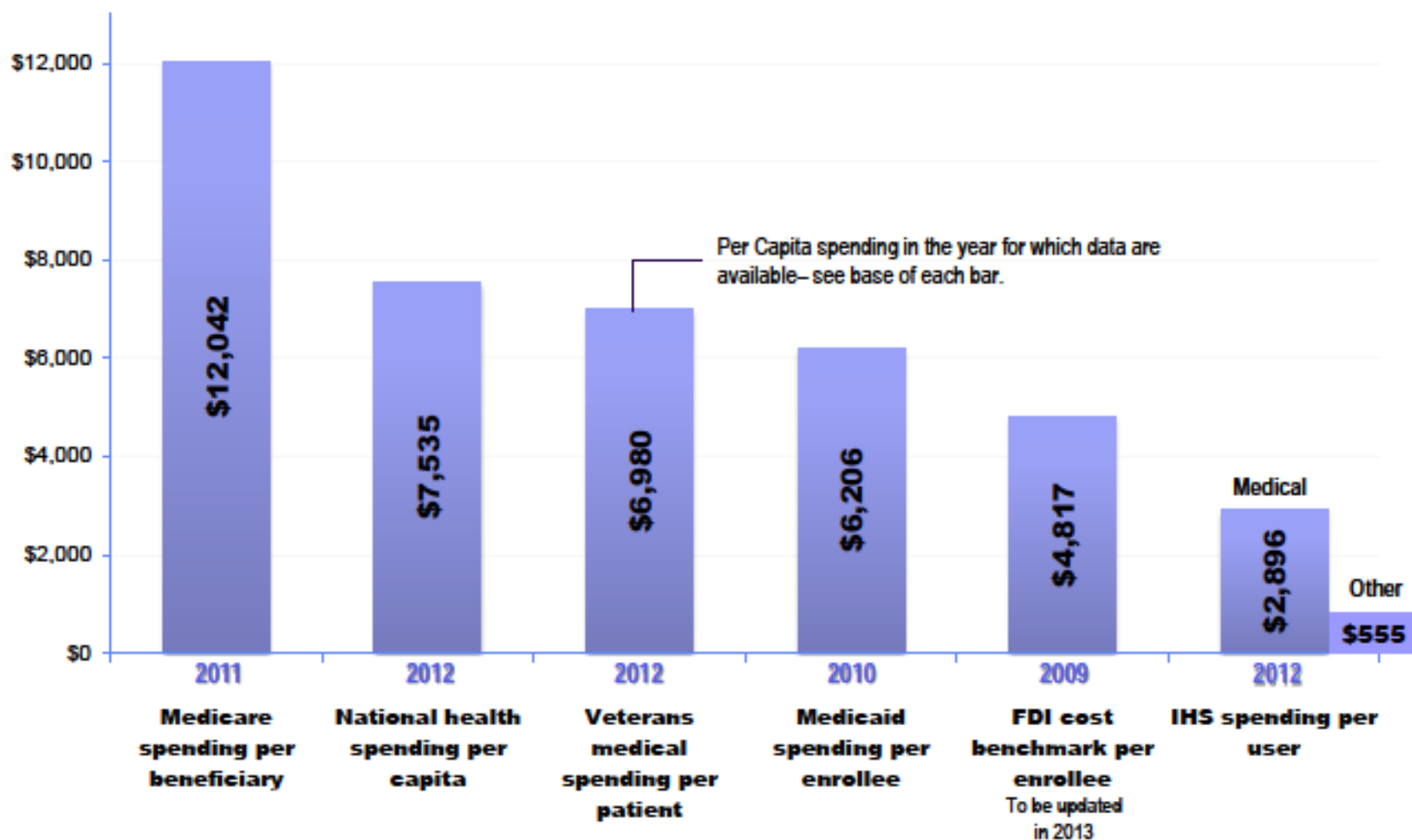
# Indian Health System



*Health Sector*



# 2012 IHS Expenditures Per Capita and Other Federal Health Care Expenditures Per Capita

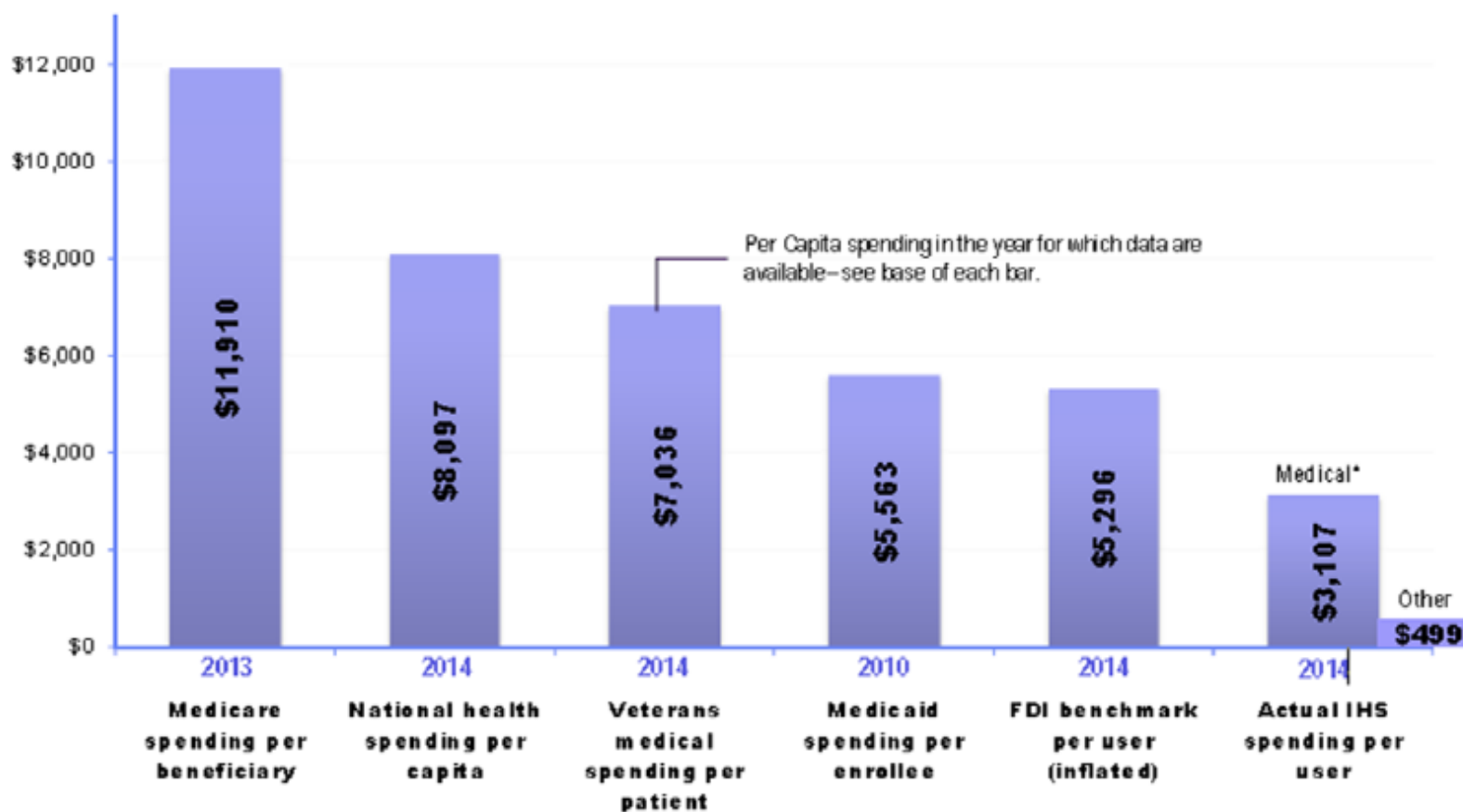


See page 2 notes on reverse for data sources and extrapolation assumptions.

1/8/2013



## 2014 IHS Expenditures Per Capita and Other Federal Health Care Expenditures Per Capita



See page 2 notes on reverse for data. \*The extent of payments by other sources for medical services provided to AIANs outside IHS is unknown.

2/13/2015



# Will ACA Improve AI Cancer Control?

- **AI/ANs face some of the worst health disparities with significant regional differences in cancer disparities.**
- Insurance companies could discriminate against up to 129 million Americans with pre-existing conditions.
- Premiums had more than doubled over the last decade, while insurance company profits were soaring.
- Nearly 50 million Americans were uninsured and tens of millions more were underinsured.
- **IHS does not have the resources needed to address the AI/AN cancer burden—CHS/PRC dependence.**

# Ten Titles: the Architecture of ACA

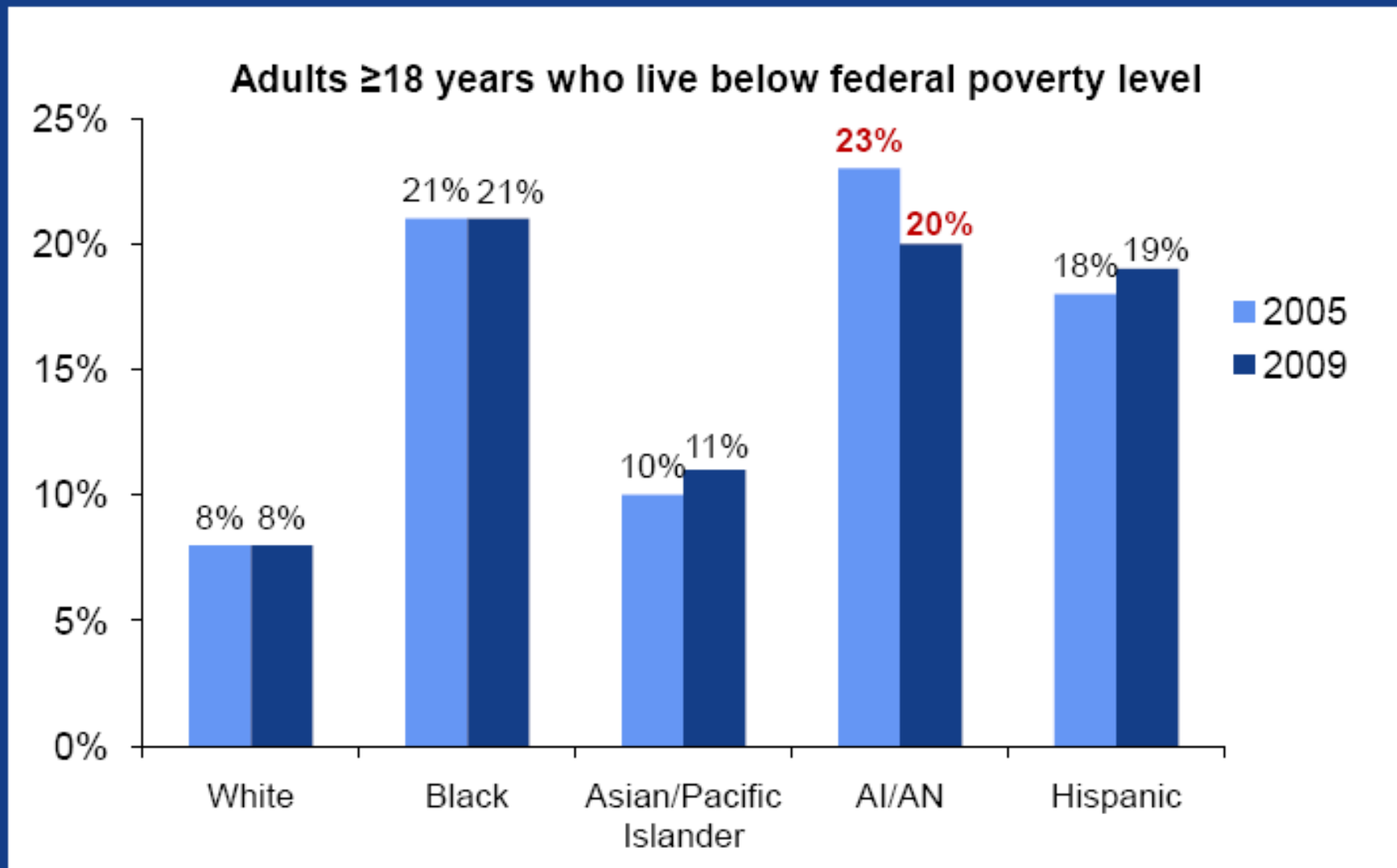
- I. Affordable and Available Coverage
- II. Medicaid and CHIP**
- III. Delivery System Reform – Medicare plus
- IV. Prevention and Wellness
- V. Workforce Initiatives
- VI. Fraud, Abuse and Transparency
- VII. Pathway for Biological Similar
- VIII. CLASS – Community Living Assistance Services & Supports
- IX. Revenue Measures
- X. Indian Health Care Improvement Act**



# Title I and II

- **I: Affordable and Available Coverage**
  - The Three-Legged Stool
    - Insurance Market Reform
    - Individual Mandate/Responsibility
    - Premium & Cost Sharing Subsidies
  - State Insurance Exchanges, “Marketplace”
  - Employer Responsibility (>50 employees)
- **II: Medicaid & CHIP**
  - National Eligibility floor of 138% FPL (Medicaid Expansion)
  - Federal Financing 90% plus (FMAP)
  - Uniform Eligibility and Enrollment Standards
  - CHIP Extension through 2019

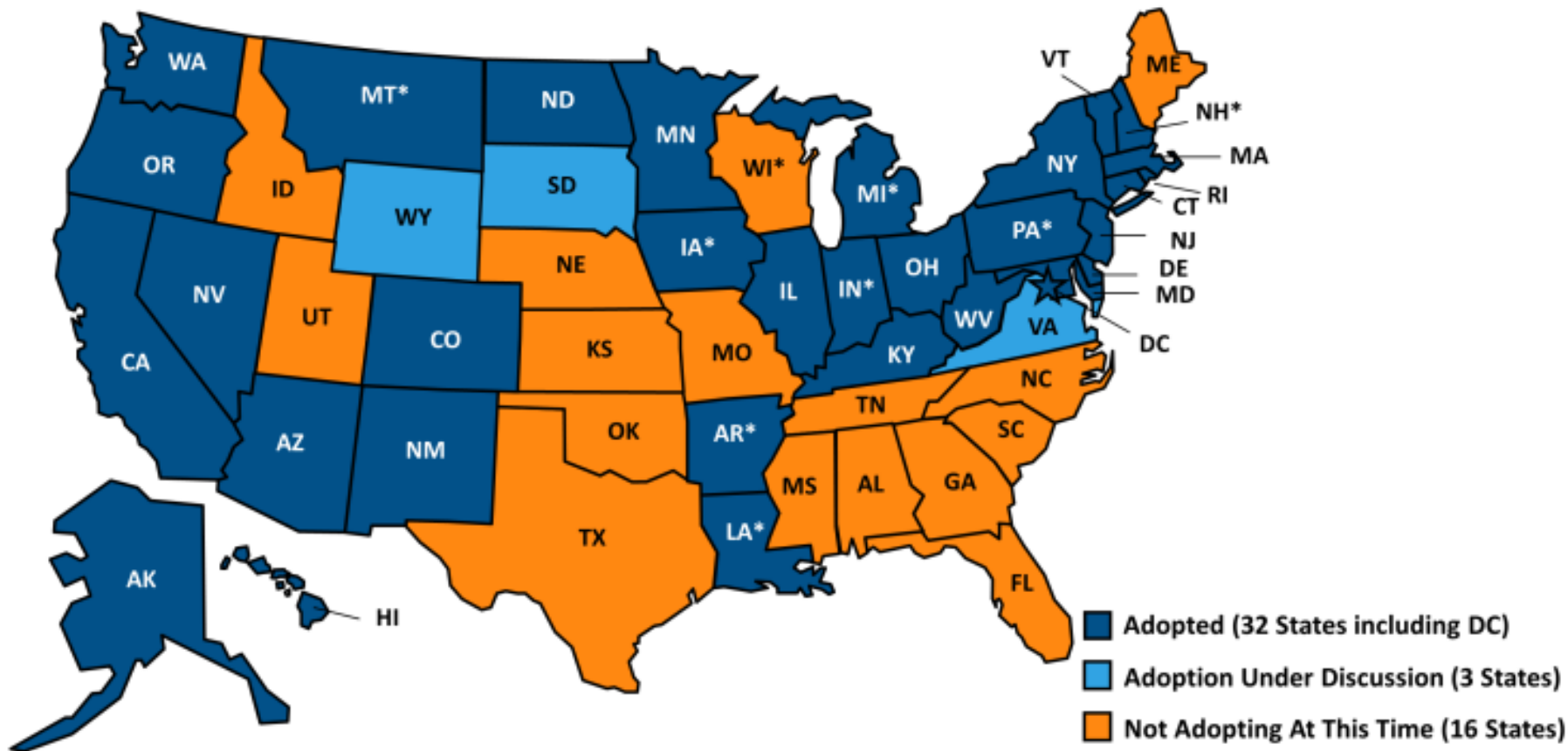
# 2.5 times as many AI/ANs as whites live below poverty level



Source: CDC Health Disparities and Inequalities Report 2011, MMWR, Vo. 60



# Current Status of State Medicaid Expansion Decisions



NOTES: Current status for each state is based on KCMU tracking and analysis of state executive activity. \*AR, IA, IN, MI, MT, NH and PA have approved Section 1115 waivers. Coverage under the PA waiver went into effect 1/1/15, but it has transitioned coverage to a state plan amendment. Coverage under the MT waiver went into effect 1/1/2016. LA's Governor Edwards signed an Executive Order to adopt the Medicaid expansion on 1/12/2016, but coverage under the expansion is not yet in effect. WI covers adults up to 100% FPL in Medicaid, but did not adopt the ACA expansion. See source for more information on the states listed as "adoption under discussion."

SOURCE: "Status of State Action on the Medicaid Expansion Decision," KFF State Health Facts, updated January 12, 2016.

<http://kff.org/health-reform/state-indicator/state-activity-around-expanding-medicaid-under-the-affordable-care-act/>

# Title IV

- **IV: Prevention and Wellness**

- Prevention and Wellness Commission
- Prevention & Wellness \$15B Trust (e.g. CTG)
- Calorie Labeling in Chain Restaurants
- **Inclusion of Clinical Preventive Services in insurance plans**
  - **Including CRC screening**
  - **Is FOBT as good as colonoscopy?**
  - **Is IHS “insurance”?**

# Contract Health Services / Purchased and Referred Care

Before the law, contract health dollars ran out too soon.



*“Don’t get sick after June”*

Now, with additional options for health insurance, more contract health dollars will be available to meet the health care needs of Indian Country.

But, we need AI/ANs to enroll...

# PRC Medical Priorities

- **Level I** —Emergent/Acutely Urgent Care Services
- **Level II** —Acute Primary and Preventative Care Services  
(including cancer screening)
- **Level III** —Chronic Primary and Secondary Care Services
- **Level IV** —Chronic Tertiary Care Services
- **Level V** —Excluded Care Services

# Subsidies

## 2 Kinds

- **Premium tax credit** (subject of Appeals Court rulings)
  - **Cost sharing subsidies**
- 
- No cost sharing for American Indians up to 300% FPL
  - No open enrollment timeframes for AIs



# Premium Tax Credit

- Amount of credit based on expected family income
- Determined upon enrollment
- Credit is in form of advance payments
- Tax credit sent directly to the insurance company and applied to premium
- 138% to 400% FPL
- ***The New “Doughnut Hole”*—No Medicaid Expansion and Income under 138% FPL and NOT eligible for Medicaid**

## 2016 Federal Poverty Levels

Size of Household	Household Annual Income					
	138%	150%	200%	250%	300%	400%
1	\$16,105	\$17,505	\$23,340	\$29,175	\$35,010	\$46,680
2	\$21,708	\$23,595	\$31,460	\$39,325	\$47,190	\$62,920
3	\$27,311	\$29,685	\$39,580	\$49,475	\$59,370	\$79,160
4	\$32,913	\$35,775	\$47,700	\$59,625	\$71,550	\$95,400
5	\$38,516	\$41,865	\$55,820	\$69,775	\$83,730	\$111,640

If your total annual household income is within these levels you may qualify for premium subsidy (discounted health insurance premium)

# Cost Sharing Subsidies

- Reduces deductibles, co-pays, co-insurance and sets limits on out of pocket spending
- For incomes at or below 250% FPL (~\$59,000 / year for a family of four)



# Tribal Sponsorship

- Tribes can purchase on behalf of Tribal members
- They will have to work directly with plans
- Tribes can decide which plan they wish to sponsor



# Why would American Indians choose to participate in Exchange?

- Save CHS / PRC Dollars
- I/T/Us can bill and collect—increase 3<sup>rd</sup> party resources
- Offers Individuals Options
- Expands access to services, including cancer screening and treatment

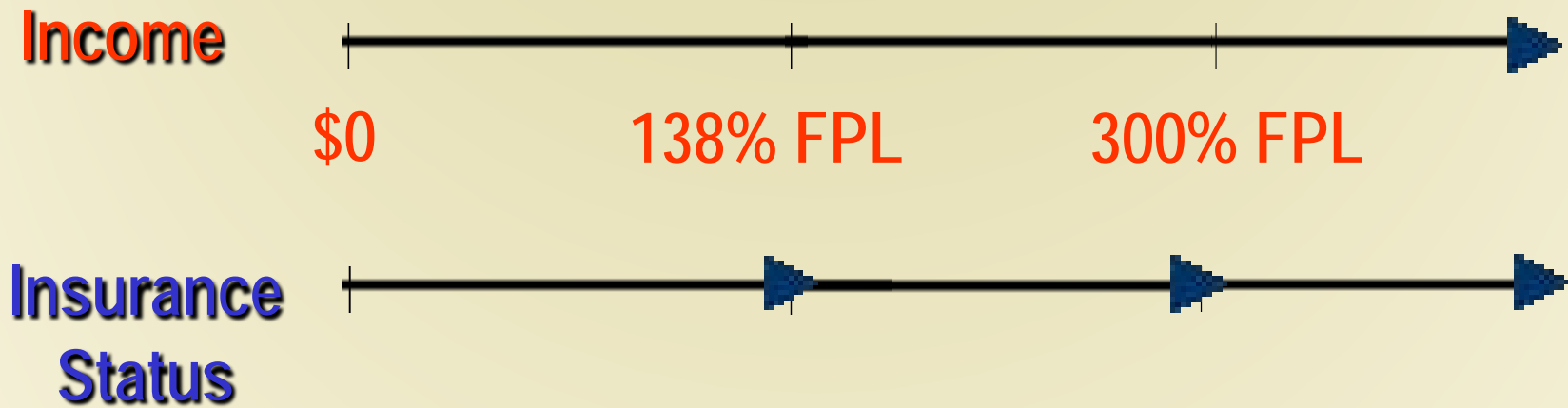


# A Path Forward for Indian Health in Northern Plains

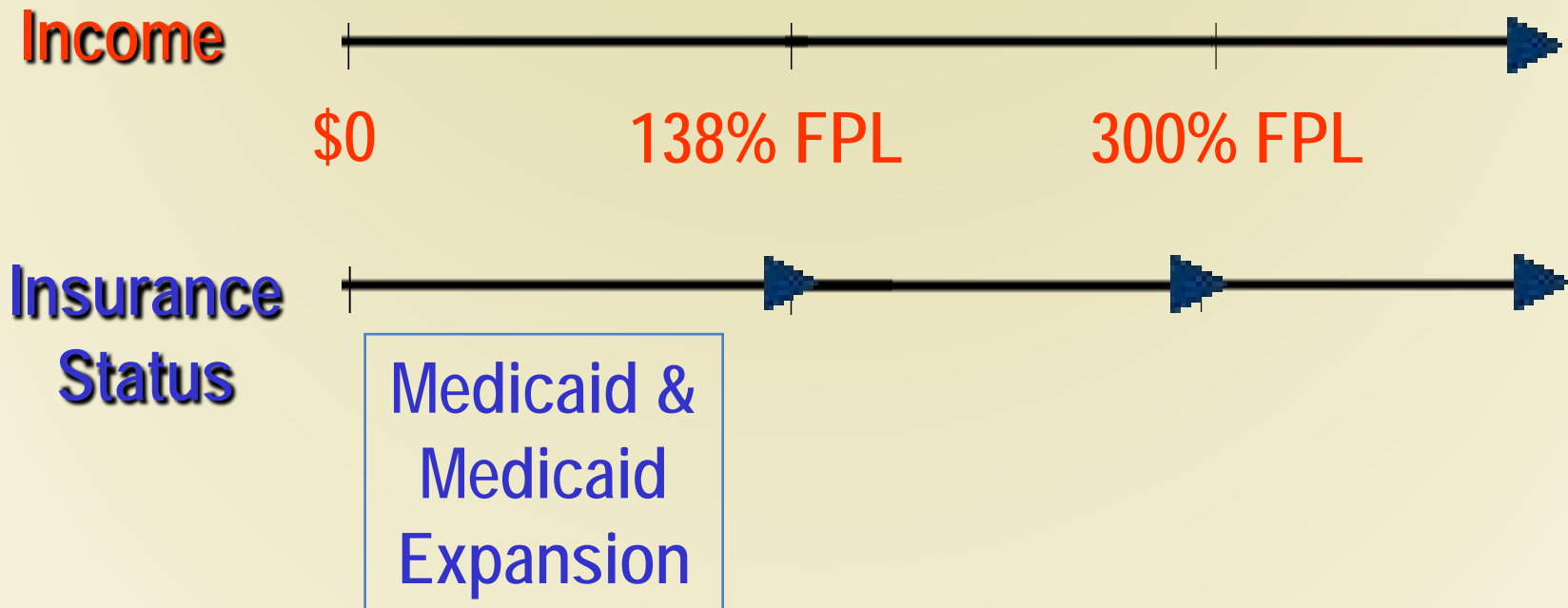
**Income**



# A Path Forward for Indian Health in Northern Plains

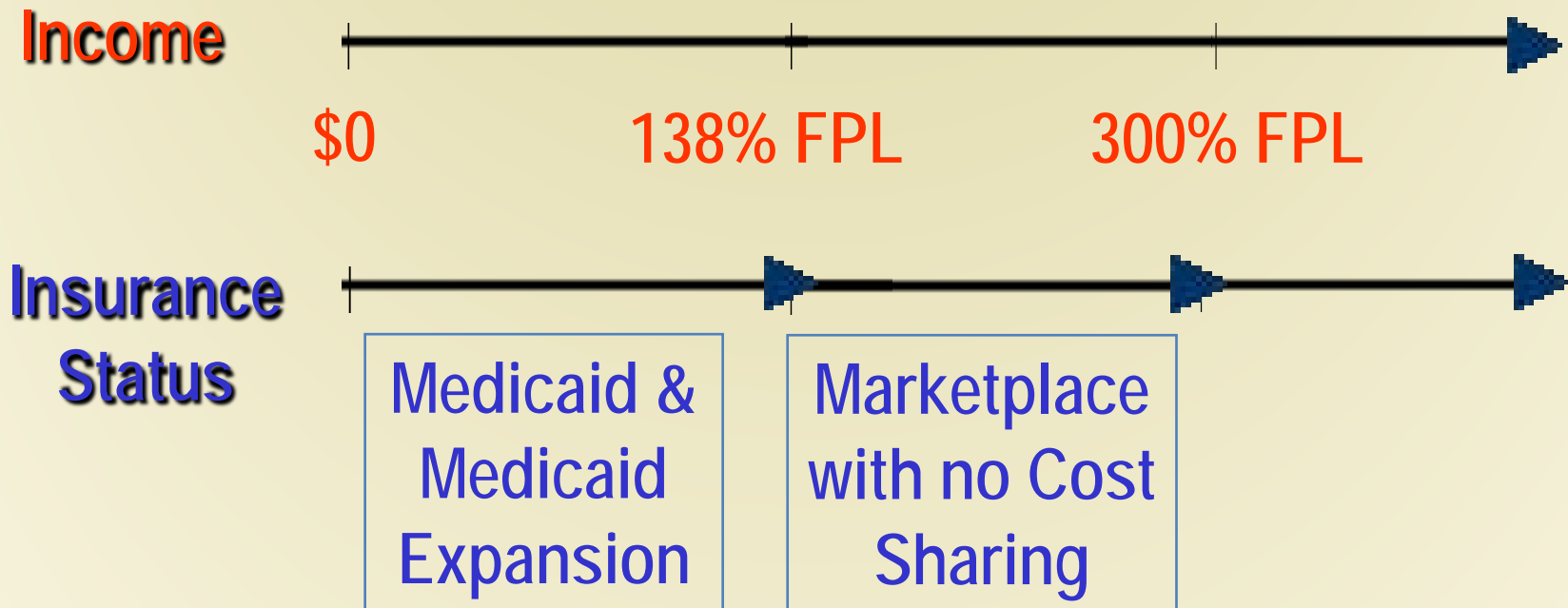


# A Path Forward for Indian Health in Northern Plains

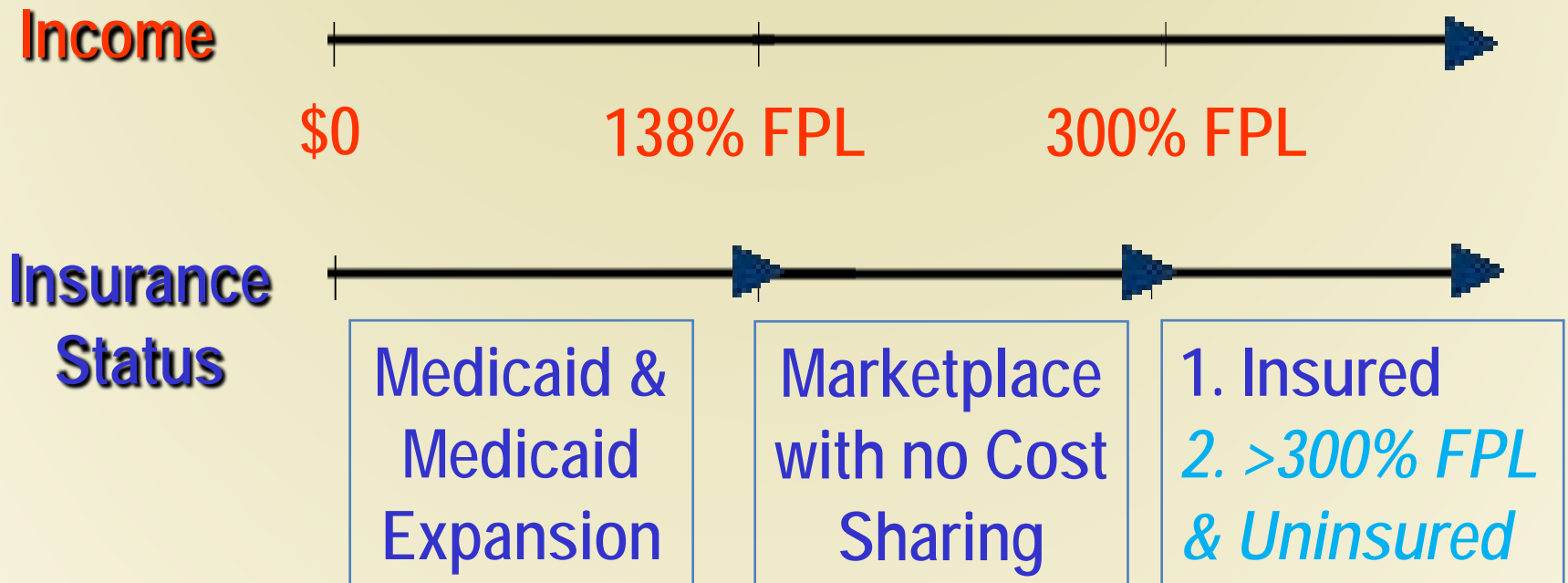




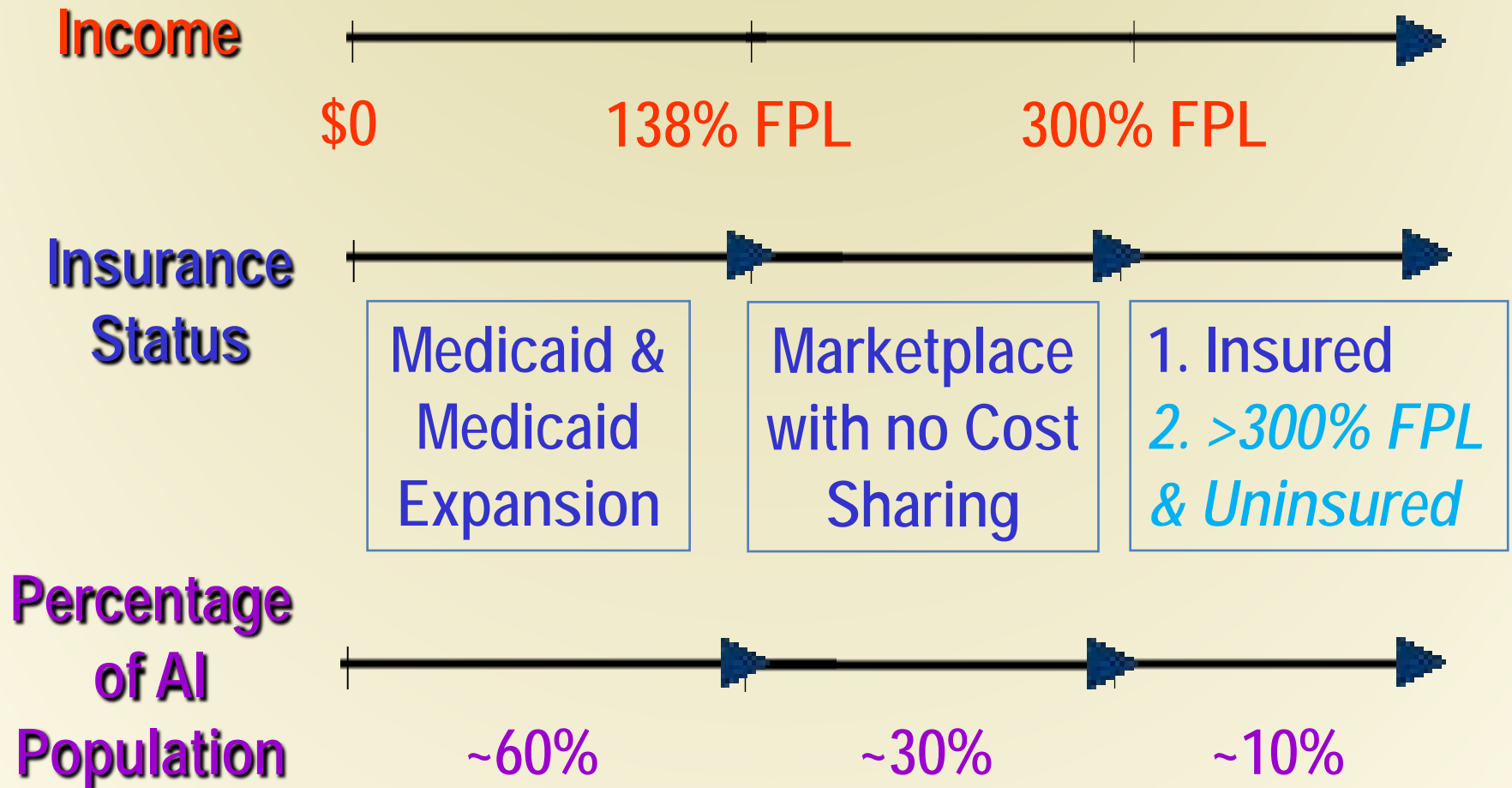
# A Path Forward for Indian Health in Northern Plains



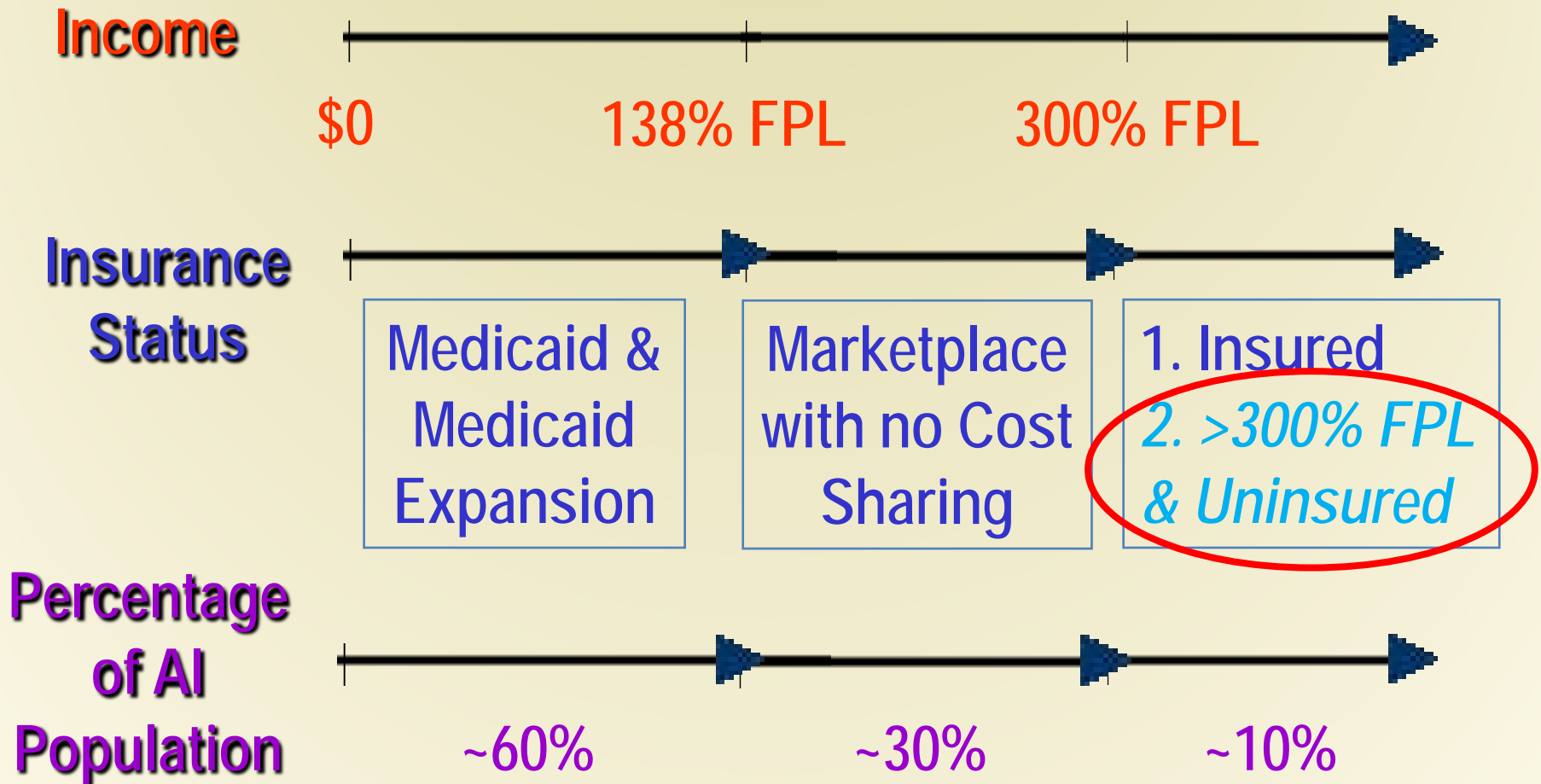
# A Path Forward for Indian Health in Northern Plains



# A Path Forward for Indian Health in Northern Plains



# A Path Forward for Indian Health in Northern Plains



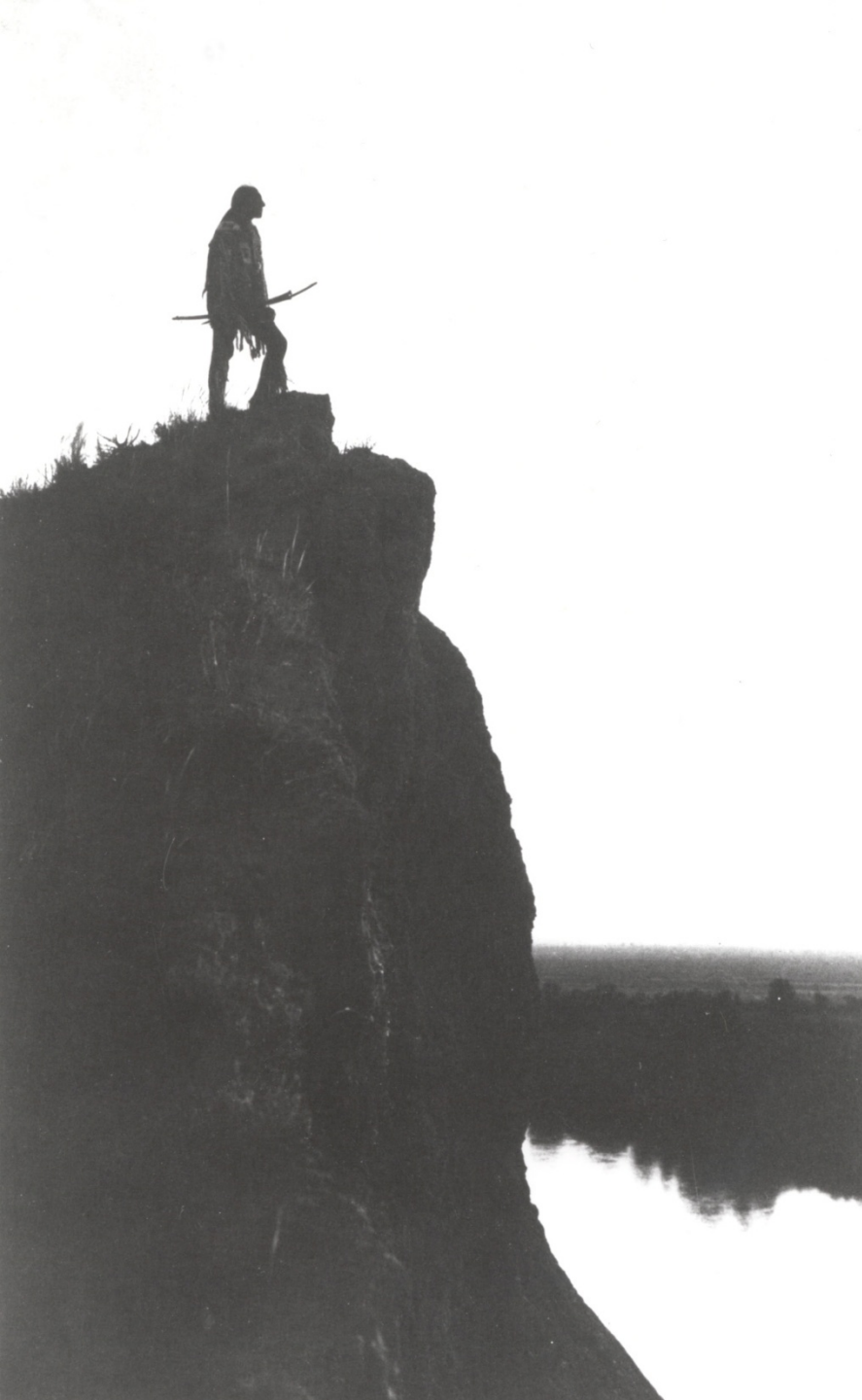
Tribes can “638” PRC funds to pay for cost sharing—eliminating the need for PRC in the State of ND

# Opportunities to Consider

## Tribal Leaders and Health Services Providers

- Consider “Feasibility Study of using 638-contracted PRC funds for Marketplace cost-sharing for tribal members”
- Encourage enrollment in ACA programs!
- Establish evidence-based / best practices in AI Cancer Policy
- May *eliminate* the need for PRC in some tribes!
- CRC Disparities Research
- Lung Cancer Screening Clinical Trial





Donald Warne

[donald.warne@ndsu.edu](mailto:donald.warne@ndsu.edu)