



Life is Sacred | Keep it Sacred

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Inter-Tribal Council of Michigan



California Rural Indian Health Board



Great Plains Tribal Chairmen's Health Board



SouthEast Alaska Regional Health Consortium

National Native Network to present at National Indian Health Board Annual Conference

SAULT STE. MARIE, Mich. – Joshua Hudson, Program Manager, National Native Network at Inter-Tribal Council of Michigan; Richard Mousseau, MS(c), National Native Network Board Director and Program Manager at Great Plains Tribal Chairmen’s Health Board; and Paul Allis, M.Ed., Policy Analyst at FDA’s Center for Tobacco Products (CTP) will be presenting at the National Indian Health Board (NIHB) 2017 National Tribal Public Health Summit. The Summit will be taking place June 6-8, 2017 at the Dena’ina Center in Anchorage, Alaska.



The National Native Network’s presentation is titled “Utilizing Resources, Infrastructure, and Capacity to Implement Comprehensive Commercial Tobacco Policies.” The learning objectives of the presentation are to: (1) share expertise and practices being utilized



Joshua Hudson, B.S., NNN Program Manager at Inter-Tribal Council of Michigan (Top) and Richard Mousseau, MS(c), NNN Board Director at Great Plains Tribal Chairmen's Health Board (Bottom) present at 2017 NIHB Tribal Public Health Summit in Anchorage, Alaska June 6-8, 2017.

in the Great Plains; (2) identify available resources of the FDA Center for Tobacco Products to educate and engage a wide array of stakeholders on Tribal Lands; and (3) share among an existing tobacco control and prevention network throughout Indian Country.

This roundtable discussion will identify that commercial tobacco use is a major concern in AI/AN communities that needs to be placed as a high public health priority. The National Native Network addresses these concerns by developing a forum for AI/AN organizations to obtain and disseminate evidence-based and culturally appropriate information that work toward the identification and elimination of health disparities related to commercial tobacco. Policy gaps exist in coverage and enforcement of commercial tobacco use and secondhand smoke (SHS) in tribal communities. Tribal communities need tobacco policy assessments to create policy tool kits and roadmaps like White Earth Nation and South Dakota to educate tribes on policies that exist. The FDA Tribal Liaison will provide an overview of the technical assistance and web-based resources available for the purpose of educating Tribal leaders and their tribal enterprises.

The National Native Network will also be represented with a vendor booth at the event. The vendor booth will provide the opportunity for one-on-one discussion about traditional tobacco versus commercial tobacco featuring traditional tobacco ties offered as gifts to booth guests. There will also be infographics available, logo items, and polo shirt drawings.

The theme for this year's Summit is "Together We Rise: Sustaining Tribal Public Health as a National Priority."

This year's Summit conference tracks are: health promotion and disease prevention; public health policy, infrastructure capacity; substance misuse and behavioral health; climate change and environmental health; empowering youth wellness.

The NIHB represents Tribal governments - both those that operate their own health care delivery systems through contracting and compacting, and those receiving health care directly from the Indian Health Service (IHS).

Located in Washington, D.C. on Capitol Hill, the NIHB, a non-profit organization, provides a variety of services to tribes, area health boards, tribal organizations, federal agencies, and private foundations, including: advocacy; policy formation and analysis; legislative and regulatory tracking; direct and timely communication with tribes; research on Indian health issues; program development and assessment; training and technical assistance programs; project management.



REGISTER NOW - Upcoming NNN Technical Assistance Webinar

Tribal BRFS Toolkit Presentation

[CLICK HERE FOR FULL DETAILS AND TO REGISTER](#)

SAULT STE. MARIE, Mich. – The Inter-Tribal Council of Michigan’s National Native Network present a webinar series: Cancer Risk Reduction in Indian Country.

Presented by: Cathy Edgerly, REACH Program Manager, Inter-Tribal Council of Michigan

Title: Tribal BRFS Toolkit Presentation

Date: Tuesday, May 23, 2017

Time: 3 - 4 PM, EST

Learning Objectives:

1. Describe the reason(s) why a tribal healthcare system might need to conduct a tribal specific BRFS by May 30, 2017.
2. Identify potential partners to assist with a tribal specific BRFS by May 30, 2017.
3. Reference the AI/AN BRFS Toolkit to meet the five phases of the BRFS time line by May 30, 2017.

Target Audience: Physicians, nurses, health educators, administrators, and support staff working with American Indian and/or Alaska Native communities.



NNN Technical Assistance Webinars

The next National Native Network technical assistance webinar is Tuesday, May 23, 2017.

Presented by:
Cathy Edgerly, Inter-Tribal Council of Michigan

[CLICK HERE TO REGISTER AND FULL DETAILS.](#)

For more information or to register for a webinar, visit us on [Facebook](#), [Linked-In](#), and www.KeepItSacred.org.

Podcasts

We are adding podcasts to our resource line-up. Inter-Tribal Council of Michigan staff Josh Mayo is interviewing tribal experts in the field of public health and will release podcasts in the new year. Featured experts include Dr. Donald Warne from North Dakota State University, Dr. Linda Burhansstipanov from Native American Cancer Research, and the NNN Board of Directors.

Second Call for Abstracts

Spirit of Eagles 10th National Conference



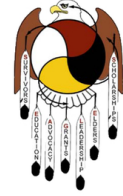
SECOND CALL FOR ABSTRACTS

DEADLINE: Monday, May 15, 2017

10th National Conference: Changing Patterns of Cancer in Native Communities: Strength through Tradition and Science

Niagra Falls, NY

September 21-24, 2017



[CLICK HERE FOR FORMS](#)

Greetings from Spirit of EAGLES!

We got great responses to the first Call for Abstracts and reviews are underway. The first deadline was early, but it was required for us to start the process of making continuing education credits available for the conference. There are additional presentation opportunities available, so we have decided to issue a Second Call for Abstracts.

In addition, our partners at The National Native Network (NNN) (<http://www.KeepItSacred.org>) have committed to sponsor special travel scholarships for selected presenters whose work focuses specifically on Policy, Systems, and Environmental (PSE) approaches for improving commercial tobacco and cancer programs and services for American Indians. The abstracts submitted in response to both the first and second Call for Abstracts will be eligible for the scholarship.

Abstracts in response to the Second Call are due Monday, May 15.

The Second Call for Abstracts form is attached below in both .doc and .pdf format.

[CLICK HERE FOR FORMS](#)

Gone Too Soon

Tammi Meissner writes a letter promising to encourage folks to get screened.

ORIGINAL ARTICLE

Dear Aileen,

I can't believe that it has been 13 years since you passed after a two and a half years fight against colorectal cancer. you were so strong and so positive through all the poking, prodding, and chemo treatments. I wish you had gotten checked earlier so that maybe your cancer wouldn't have taken you from us.

I get emotional at every celebration and life event because I wish you were here. Darian graduated from high school and is now in college. She is going to become a nurse. I feel part of this decision is based on how we cared for you during those two and a half years. She is going to be great at whatever she does. She is also getting married this August to a wonderful young man that I know you would have loved too.

Kiara is a wonderful artist and a Junior in high school now. I can't believe how time flies. She will graduate next year and plans on attending college to be an art teacher. She got her driver's license last week. Wow! I thought she was going to take after you and decide to never drive. Kiara and Darian remind me of you in so many ways. They are kind, compassionate, and loving people. You would be so proud of your beautiful granddaughters.



When I married Greg, I was and am still so happy. I was so lucky to have, you, my mother-in-law, that was welcoming, accepting and taught me about unconditional love. As I write, I am wiping away the tears, my heart aches and I wish that we and the rest of the family had more time with you and that you were here to attend all of these life events and celebrate them with us.

Because of you, my promise is to continue to educate everyone I can about colorectal cancer. At the time you were diagnosed, doctors didn't know that smoking was related to colorectal cancer, and I wish they did. You know me, I try to make things interesting, fun, and educational...so I am going to try to get people to "Love their butt, bum, keister," whatever they want to call it and have them get it checked.

The memory of losing you is still very painful, you know that we love you and that we miss you every day. You know that I am stubborn, strong willed and determined and that I will share the information about the importance of getting screened for colorectal cancer. I do this in your memory, Aileen. You left us too soon and I don't want anyone else to feel the pain of losing a loved one too early.

Love you always,

Tammi

NACR Native Patient Navigator Training

Native Patient Navigation Quarterly Trainings

June 14-16, 2017

Registration Deadline: May 14, 2017

17 hours (including 6 for Motivational Interviewing)

(certificates upon completion)

This training is offered by: Native American Cancer Research Corporation (NACR), 1-800-537-8295 or cell: 720-987-8944

All participants need to support their own travel and lodging expenses

The Registration fee is \$550 per participant. There are a limited travel scholarships for each training. Please request the partial scholarship when submitting the registration form (bottom of this page)

Email registration forms to lindab@natamcancer.net or lisah@natamcancer.org

Mail payments Native American Cancer Research Corporation (NACR), 3022 South Nova Road, Pine, CO 80470-7830 by May 14th

The focus of the June quarterly Native Patient Navigator training is on communication and outreach

Wednesday, June 14, 8 a.m. to 5 p.m.; Day 1: Motivational Interviewing, advocating on behalf of the patient and assisting the patient in identifying concerns and questions to share with the health care team 6 hours of credit

Thursday, June 15, 8 a.m. to 5 p.m.; Day 2: Motivational Interviewing, handling conflict (patients, family members and other members of the healthcare team; outreach strategies, exhibits during events 7 hours of credit

Friday, June 16, 8 a.m. to 1 p.m.; Day 3: literacy, effective message components, creating effective informational products (brochures, pamphlets) 4 hours of credit

Where:

To be named

Denver, CO 80227

Patient navigation is a patient-centric healthcare service delivery model. It is a patient-centric concept that concentrates on the movement of patients along the continuum of medical care. This training focuses on motivational interviewing team work and collaboration, confidentiality and privacy and professionalism. Each topic area will include participant interactivities or practical exercises.

Email lisah@natamcancer.org with any questions.

May is National Skin Cancer Prevention and Detection Month

Longer days, warmer weather, don't forget that sunscreen. Protect the skin you're in!

Skin cancer is the most common form of cancer in the United States and the most preventable cause of skin cancer is over exposure to UV light (from the sun or artificial sources).

How to reduce your risk:

- Stay in the shade, especially during midday hours.
- Wear clothing that covers your arms and legs.
- Wear a hat.
- Wear sunglasses.
- Use sunscreen of at least SPF 15.
- Avoid indoor tanning.



Part Two of Linda Burhansstipanov NNN Podcast

This is the second half of a conversation with Linda Burhansstipanov where we talk about the fantastic work her organization, Native American Cancer Research Corporation, does with a focus on social determinants of health, cultural competency and patient navigation. Look for new podcasts soon!

[CLICK HERE TO LISTEN NOW](#)

Articles, Publications, and Research

- [CDC - National and State Trends in Sales of Cigarettes and E-Cigarettes, U.S., 2011-2015](#)
- [American Journal of Public Health - Sales of Nicotine-Containing Electronic Cigarette Products: United States, 2015](#)
- [Positive Study Brochure](#)
- [JAMA Pediatrics - Secondhand Exposure to Electronic Cigarette Aerosol Among US Youths](#)
- [COPD Learn More Breathe Better - Fact Sheet - Breathing Better with a COPD Diagnosis](#)
- [NIH National Heart, Lung, and Blood Institute - National Action Plan](#)
- [DCPC's Cancer and Surveillance Branch Releases United States Cancer Statistics: Data Visualization](#)
- [Results Available from Native Hawaiian and Pacific Islander \(NHPI\) National Health Interview Survey \(NHIS\)](#)
- [1 in 4 Youths Exposed to Secondhand Smoke from E-Cigarettes, Study Shows](#)
- [USCS Cancer Data Visualization Site from CDC](#)
- [CCC Resource: Viral Hepatitis and Liver Cancer Social Media Toolkit](#)

Opportunities

- [Funding Opportunity - V Foundation: 2017 BRCA 1,2 Research Collaborative Grants - Due June 12, 2017 - LEARN MORE](#)
- [Funding Opportunity - The Patient-Centered Research Institute \(PCORI\) is seeking Letters of Intent for Tier A projects through their Pipeline to Proposal Awards Initiative. - Application Deadline: June 30, 2017 - LEARN MORE](#)
- [FUNDING Opportunity - Susan G. Komen Career Catalyst Research Grants - LEARN MORE](#)

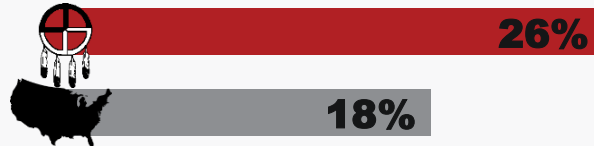


COMMERCIAL TOBACCO USE



More than
1 in 4
AI/AN adults
smoke cigarettes.

At **26%**, that's
1.5 times
greater than the US smoking rate.



Out of the 10 leading
causes of death
among AI/AN, 6 of them
have been
linked to smoking.



Smoking commercial tobacco can damage every part of your body. Poisons in cigarette smoke weakens the body's immune system.



Smoking commercial tobacco causes cancer, heart disease, stroke, lung diseases, diabetes, and many other life-threatening diseases.



People who stop smoking commercial tobacco greatly reduce their risk for cancer, heart disease, lung disease, and early death.

There are health benefits from quitting smoking at any age.

WHAT YOU CAN DO



Tobacco users

- Call the quitline today (1-800-QUIT-NOW) for information, advice, support, and referrals to help you quit. The sooner you quit, the sooner your body can begin to heal, and the less likely you are to get sick from commercial tobacco use.
- Never smoke commercial tobacco in your home, vehicles, or around nonsmokers, especially children, pregnant women, and persons with heart disease or respiratory conditions.
- Ask a health provider or traditional healer for help quitting.



Community members

- Make your home and vehicles 100% smoke-free 24/7 from commercial tobacco smoke.
- Don't start, if you aren't already using commercial tobacco.
- Tell your community leaders you support commercial tobacco control programs and smoke-free policies in all indoor air environments.
- Teach children about the health risks of smoking commercial tobacco and secondhand smoke.
- Encourage friends, family, and coworkers to quit. Support them in their efforts.



Health care providers

- Ask your patients if they use commercial tobacco; if they do, help them quit.
- Advise all patients to make their homes and vehicles 100% smoke-free 24/7 from commercial tobacco smoke.
- Make quitting commercial tobacco part of an overall approach to health and wellness.
- Advise nonsmokers to avoid secondhand smoke exposure, especially if they are pregnant or have heart disease or respiratory conditions.
- Refer patients to recommended resources and support groups.



Community leaders

- Fund comprehensive commercial tobacco control programs.
- Designate all indoor air environments 100% smoke-free from commercial tobacco smoke.
- Increase the price of all commercial tobacco products.
- Implement hard-hitting media campaigns that raise public awareness of the danger from commercial tobacco use and secondhand smoke exposure.
- Reduce commercial tobacco use by making these products less accessible, affordable, and desirable.



This infographic was supported by the Cooperative Agreement Number DP004979 funded by the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services.



Open to Veterans and all other community members.



Be a Warrior
in Your
Community.

Call today.

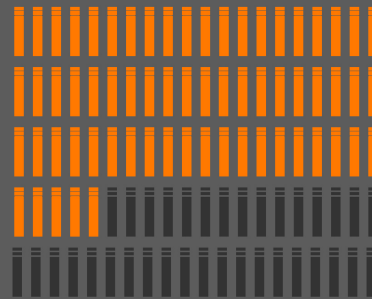
As an American Indian veteran, you fought for your country. Now, join the fight for our culture and traditions by getting help to quit using commercial tobacco. Call the American Indian Commercial Tobacco Program today.

1-855-372-0037

Tobacco's Impact On The Environment



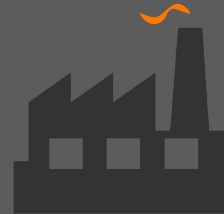
Cigarettes and cigarette butts make up nearly **38%** of all collected litter



As many as **65%** of cigarette butts are littered



75% of smokers report disposing of cigarettes on the ground or out of a car



In 2012, **1,465,315** pounds of toxic chemicals were released by tobacco product manufacturing facilities



truth initiative
INSPIRING TOBACCO-FREE LIVES

Tribal BRFSS Toolkit

Tribal Behavioral Risk Factor Surveillance System



KEEP IT SACRED
NATIONAL NATIVE NETWORK

1st Edition January 2017

Compiled and edited by:
Inter-Tribal Council of Michigan
SouthEast Alaska Regional Health Consortium
California Rural Indian Health Board



BRFSS Toolkit Presentation

Presented by: Cathy Edgerly,
Inter-Tribal Council of Michigan

Tuesday, May 23, 2017,
3 p.m. EDT

NNN Webinar Series on Cancer Risk Reduction in Indian Country

REGISTER AND DETAILS HERE:

<http://keepitsacred.itcmi.org/2017/03/nnn-webinar-brfss-toolkit-presentation/>

Frequently Asked Questions About Cancer For Native Americans and Alaska Natives



Cancer is the name for diseases that happen when cells—the normal small units that make up the human body—start to grow too fast in an unhealthy way. Normal cells get a signal from the body to stop growing, but cancer cells don't get this signal. They keep growing, and may form a group of cells called a tumor. Sometimes, cancer cells break off from the tumor and spread to other parts of the body.

Is cancer serious?

Some cancers can cause serious illness and even death, while other cancers grow slowly and do not need treatment. Most cancers that are serious can be treated, and some can be cured. Cancer affects different people in different ways. If you have been told you have cancer, talk to your doctor about which treatment options are right for you.

Will I get cancer?

Cancer is the second leading cause of death among Native Americans and Alaska Natives. Anyone can get cancer, but some people have a higher risk. We can control some risks. For example, we know that smoking causes many kinds of cancer, and quitting smoking can lower your risk of getting these cancers. Other risks we can't control, like getting older or having a family history of cancer.

Native Americans and Alaska Natives get most kinds of cancer at lower rates than white people. But rates of stomach, liver, cervix, kidney, and gallbladder cancers are higher among these groups.

How can I lower my risk?

Things You Can Do

- Be active and exercise, and keep a healthy body weight.
- Learn about hepatitis B and HPV shots, which can prevent cancer.
- Talk to your doctor about getting screened for breast, cervical, and colon cancers.
- Protect yourself from the sun when you're outdoors.

Things You Can Avoid

- Don't smoke, and avoid smoke from other people's cigarettes.
- Don't drink too much alcohol.

More Information

Division of Cancer Prevention and Control
National Center for Chronic Disease Prevention and Health Promotion
Centers for Disease Control and Prevention


4770 Buford Hwy NE, Mailstop F-76, Atlanta GA 30341
800-CDC-INFO (800-232-4636) • TTY: (888) 232-6348
www.cdc.gov/cancer/ • Twitter: @CDC_Cancer

National Center for Chronic Disease Prevention and Health Promotion
Division of Cancer Prevention and Control



Admiring the Fighters

If you or a loved one has been diagnosed with cancer, knowing what to expect and making plans to proceed can help create a less stressful situation.



GET THE FACTS


Write down questions and concerns before your appointments and bring them with you.

- What kind of cancer do I have?
- Can my cancer be treated?
- What are my treatment options?
- Where is the cancer? Has it spread?

MAINTAIN A HEALTHY LIFESTYLE

Healthy Diet

Nutrition is an important part of cancer treatment. Eating the right foods before, during, and after can help you to feel better and to stay stronger.



Adequate Rest

Helps manage the stress and fatigue of the cancer and its treatment.


Exercise

Studies suggest that people who participate in some physical exercise during treatment not only cope better but may also live longer.

Fatigue

One of the most common and distressing side effects of cancer treatments.


Hair loss is a common side effect from chemotherapy treatments.



BE PREPARED FOR CHANGES


Cancer survivors face physical, emotional, psychosocial, spiritual and financial challenges as a result of their diagnosis and treatment.

Financial burdens may arise as result of diagnosis.



Additional costs of medicines, travel costs, etc.

A cancer diagnosis is a lifelong ordeal. Treatment recovery can last months, sometimes even years.



DEVELOP YOUR OWN COPING STRATEGIES

Highs and lows of cancer are experienced not only by those diagnosed but also family members, friends, and caregivers.

FIND A SOURCE OF SPIRITUAL SUPPORT

KEEP A JOURNAL TO HELP ORGANIZE YOUR THOUGHTS

WHEN FACED WITH A DIFFICULT DECISION LIST PROS AND CONS

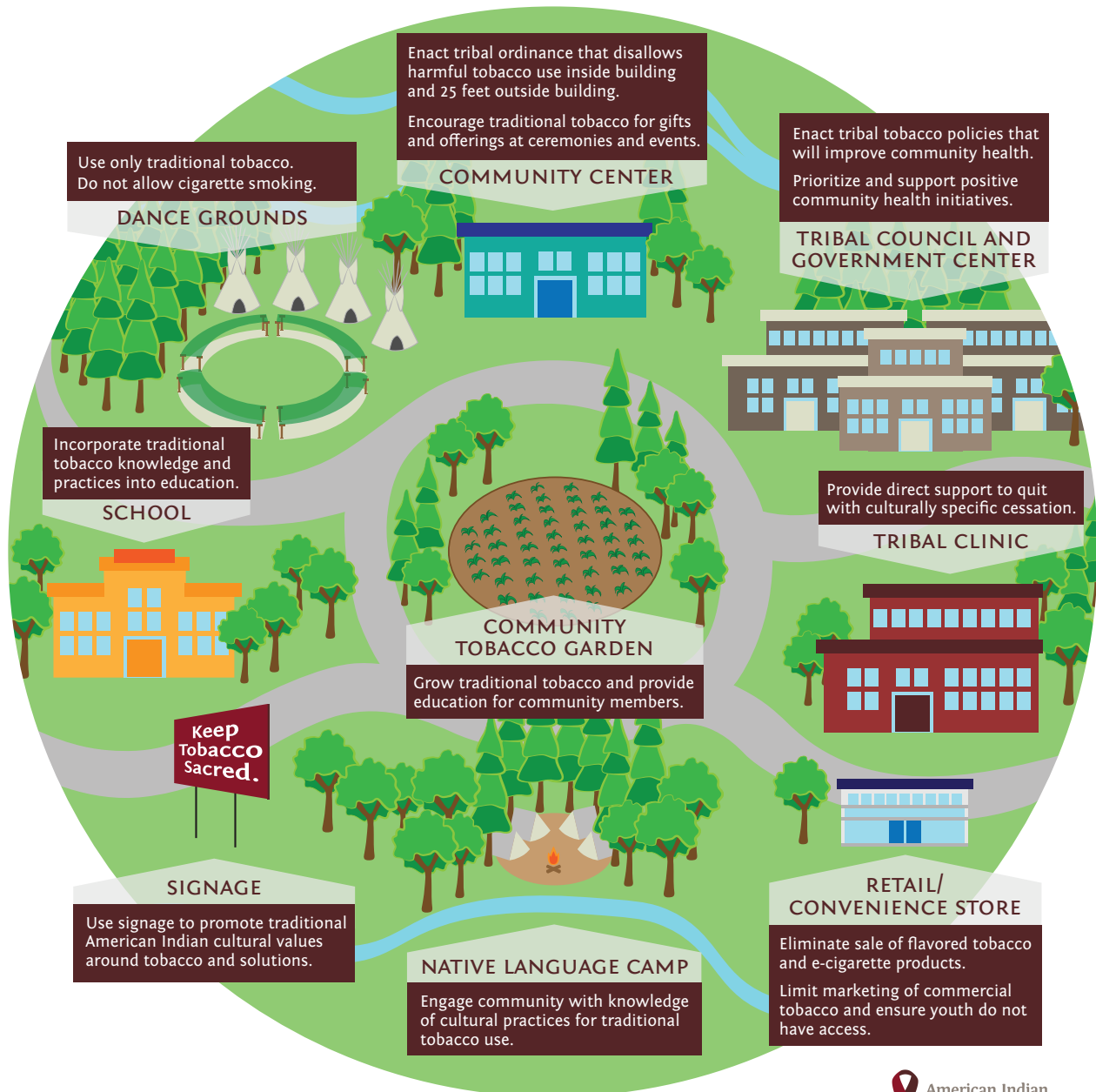
For more information regarding your cancer diagnosis visit: www.mayoclinic.org, www.cancer.gov, www.cancer.org, www.cdc.gov

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SACRED TRADITIONAL TOBACCO FOR HEALTHY NATIVE COMMUNITIES

A BALANCED COMMUNITY FOR HEALTH

- ▶ Tribal leadership support & engagement
- ▶ Cultural connectedness & healing
- ▶ Community engagement
- ▶ Youth leadership & youth-led advocacy



Events

May 15, 2017 Innovative Approaches to Tobacco Control: Tackling Tobacco as a Social Justice Issue - [REGISTER](#)

May 15, 2017 No Need for Alternative Facts: Using SOGI Data to Make Us Count - [REGISTER](#)

May 16, 2017 LGBTQ as Consumers of Health Care Panel - Experiences of Equity, Discrimination, and Advocacy - [REGISTER](#)

May 16, 2017 Building on What We Know: Addressing LGBT Cancer Disparities - [REGISTER](#)

May 16, 2017 Trans Health Overview: Language and US Trans Survey Highlights - [REGISTER](#)

May 17, 2017 Navigating the Healthcare System in Changing Times - [REGISTER](#)

May 17, 2017 Health Funder Panel - [REGISTER](#)

May 17, 2017 Twitter Chat - Talking to your Kids About Breast Cancer - [REGISTER](#)

May 15 - 17, 2017 LGBT HealthLink, The Network for Health Equity - [REGISTER](#)

May 18, 2017 WEBINAR - Increasing HPV Vaccination Webinar - [REGISTER](#)

May 19-21, 2017 37th Annual Traditional Indian Health Gathering - Chasing Away the Darkness: Restoring Light to our Sacred Ways - [LEARN MORE](#)

May 23, 2017 NATIONAL NATIVE NETWORK WEBINAR SERIES CANCER RISK REDUCTION IN INDIAN COUNTRY: "Tribal BRFSS Toolkit Presentation" - [LEARN MORE & REGISTER](#)

May 23, 2017 - WEBINAR - Advances in the Treatment of Lung Cancer - [REGISTER](#)

April 20 - May 25, 2017 - EVENT - Cooking for Beginners presented by [UP4Health](#) - [LEARN MORE](#)

May 25, 2017 WEBINAR - Educational Series for Healthcare Professionals - [REGISTER](#)

May 1 - 31, 2017 May is CDC's Hepatitis Awareness Month - [LEARN MORE](#)

May 31, 2017 Truth Initiative Youth Activism Program - Applications Due 5/31/17 - [LEARN MORE](#)

May 1-31, 2017 May is Asthma Awareness Month - [LEARN MORE](#)

June 2, 2017 FUNDING OPPORTUNITY - National Institutes of Health - Supplement Opportunity to Support Population-Based Research Studies of Rare Cancers - [LEARN MORE](#)

June 4, 2017 National Cancer Survivors Day - [LEARN MORE](#)

June 6-8, 2017 National Indian Health Board: 8th Annual National Tribal Public Health Summit - Anchorage, Alaska - [MORE INFORMATION](#)

June 12, 2017 FUNDING OPPORTUNITY - V Foundation: [2017 BRCA 1,2 Research Collaborative Grants](#)

June 14-16, 2017 Native American Cancer Research Corporation (NACR) presents Native Patient Navigation Quarterly Trainings - [LEARN MORE](#)

June 27, 2017 NATIONAL NATIVE NETWORK WEBINAR SERIES CANCER RISK REDUCTION IN INDIAN COUNTRY: American Indian Commercial Tobacco Program Updates - [LEARN MORE](#)

June 20-23, 2017 EVENT 2017 Health Communication Leadership Institute - [LEARN MORE](#)

June 30, 2017 Funding Opportunity - The Patient-Centered Research Institute (PCORI) is seeking letters of intent for Tier A projects through their Pipeline to Proposal Awards Initiative. [LEARN MORE](#)

July 14, 2017 Funding Opportunity - Susan G. Komen Career Catalyst Research Grants - [LEARN MORE](#)

August 14-16, 2017 - Conference - 2017 CDC National Cancer Conference, Visualizing the Future through Prevention, Innovation, and Communication - Crowne Plaza Atlanta Perimeter at Ravinia, Atlanta, GA - [LEARN MORE](#)

September 21-24, 2017 Spirit of EAGLES National Conference "Changing Patterns of Cancer in Native Communities - Niagara Falls, NY - [MORE INFORMATION](#)

November 27-28, 2017 - EVENT - Cancer Survivorship Symposium - [LEARN MORE AND REGISTER FOR MORE AND THE LATEST EVENTS, VISIT KEEPITSACRED.ORG](#)

SIGN UP FOR OUR NEWSLETTER HERE: <http://keepitsacred.itcmi.org/about-us/contact-our-team/>

If you have an event or opportunity to share in the next NNN Newsletter, please call or email the National Native Network team at 906-632-6896 x108 or nnn@itcmi.org

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