

KEEP IT SACRED



National Native Network
Technical Assistance Webinar

Tribal Food Access Collaborative



Presented by:
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Project Coordinator
Inter-Tribal Council of Michigan, Inc.

- Masters of Arts – Integrated Marketing Communication - Emerson College, Boston, Massachusetts – 2006
- Bachelor of Arts – Communication & Journalism – University of New Mexico, Albuquerque, New Mexico - 2004



Tribal Food Access Collaborative



Michelle is of mixed ancestry and member of Red Cliff Band of Lake Superior Chippewas. She is a life-long learner having worked in both the health and education fields. A large part of her career has been developing programs (inception-implementation-evaluation). Michelle's efforts as a project director at Inter-Tribal Council of Michigan include work with tribal communities in Michigan to increase collective impact in early childhood systems and food access requiring strong communication and awareness.

Faculty Disclosure Statement

- As a provider accredited by ACCME, ANCC, and ACPE, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any significant financial relationships or affiliations with any manufacturers or commercial products to disclose.

Faculty Disclosure Statement

- Funding for this webinar was made possible by the Centers for Disease Control and Prevention DP13-1314 Consortium of National Networks to Impact Populations Experiencing Tobacco-Related and Cancer Health Disparities grant. Webinar contents do not necessarily represent the official views of the Centers for Disease Control and Prevention.
- No commercial interest support was used to fund this activity.

Accreditation

The Indian Health Service Clinical Support Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is designated 1.0 contact hour for nurses.

CE Evaluation and Certificate

- Continuing Education guidelines require that the attendance of all who participate be properly documented.
- To obtain a certificate of continuing education, you must be registered for the course, participate in the webinar in its entirety and submit a completed post-webinar survey.
- The post-webinar survey will be emailed to you after the completion of the course.
- Certificates will be mailed to participants within four weeks by the Indian Health Service Clinical Support Center.

Learning Objectives/Outcomes

By the end of this webinar, participants will be able to:

1. Recognize the limited access to safe, nutritious food within American Indian/Alaska Native Communities.
2. Build tribal and non-tribal coalitions focused on increasing community resources that promote healthy nutrition and lifestyle

KEEP IT SACRED

NATIONAL NATIVE NETWORK



Michelle Schulte, Project
Coordinator, Inter-Tribal
Council of Michigan, Inc

[NNN & IHS HP/DP Webinar:
"Michigan Tribal Food Access
Collaborative"](#)

The Inter-Tribal Council of Michigan's National Native Network with Indian Health Service Health Promotion & Disease Prevention and the Indian Health Service Clinical Support Center (Accredited Provider) present a webinar series: Cancer Risk Reduction in Indian Country

Title: Michigan Tribal Food Access Collaborative

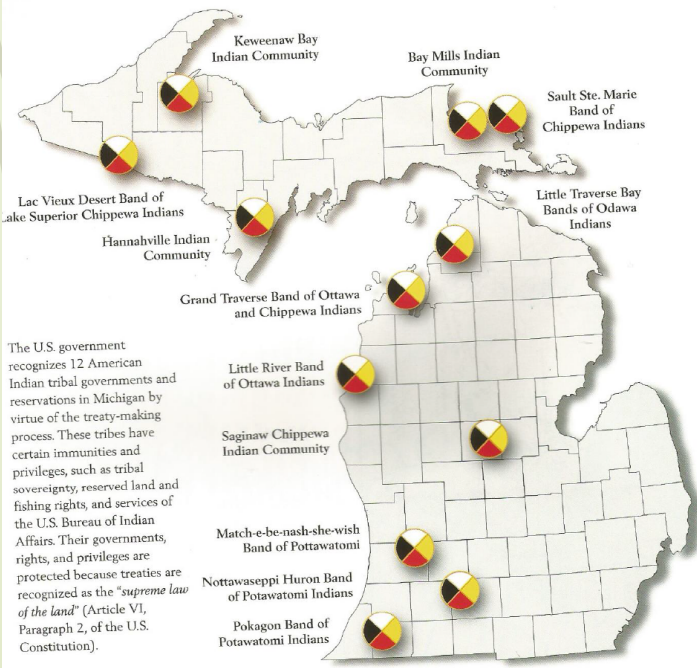
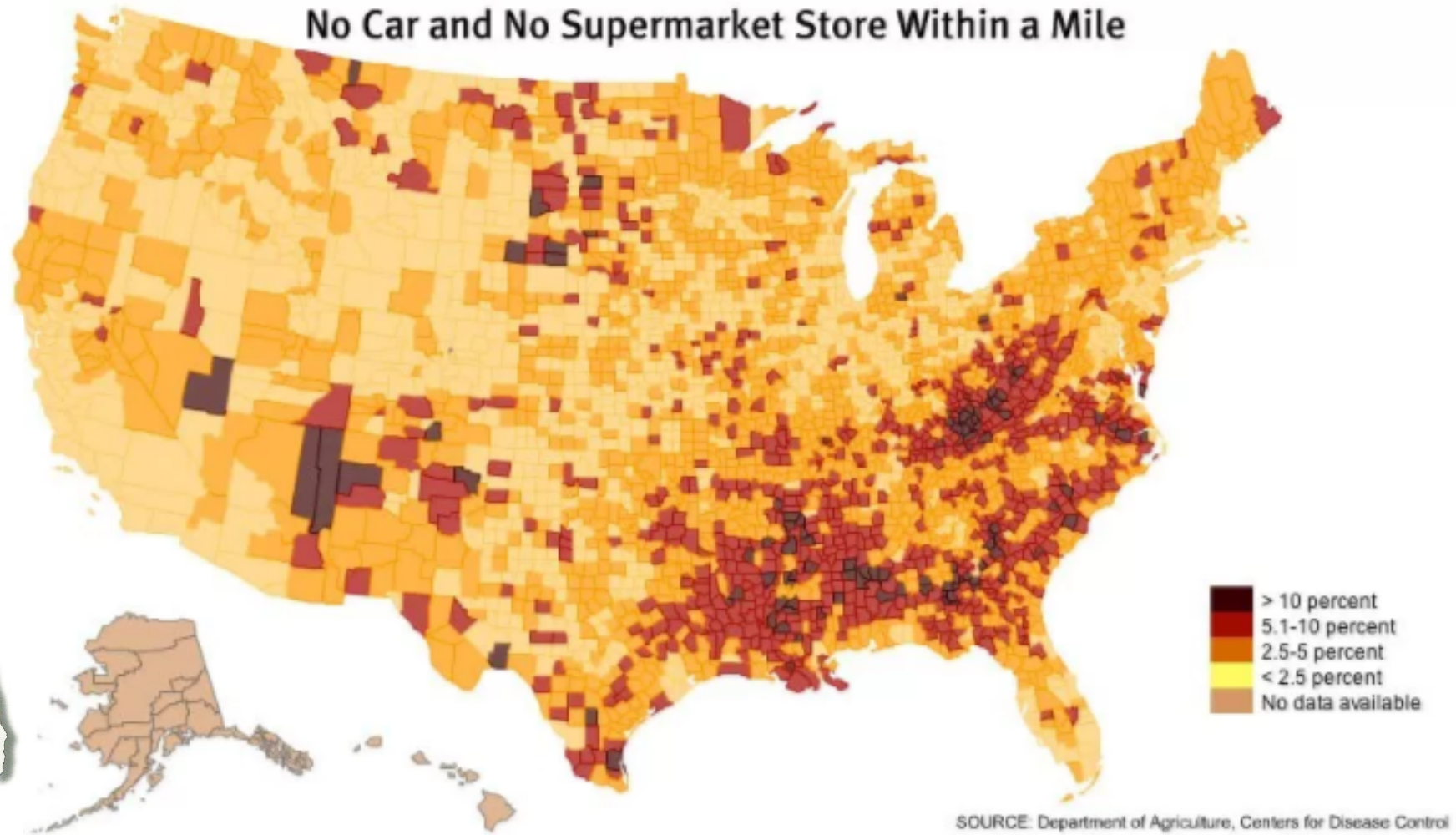
Date: Wednesday, September 6, 2017

Time: 3 - 4 PM, EDT

1. Recognize the limited access to safe, nutritious food within American Indian/Alaska Native communities.
2. Build tribal and non-tribal coalitions focused on increasing community resources that promote healthy nutrition and lifestyle.

food for nourishment. In 2009, the agency found 2.3 million of these households. Here, Slate shows the preponderance of those households in Appalachia and the Deep South, and on Indian reservations.

No Car and No Supermarket Store Within a Mile





NAVIGATE

HOME

ABOUT US

TOBACCO & TRADITION

CANCER

GET INVOLVED

RESOURCES

NNN PODCAST

TRIBAL BRSS TOOLKIT



TRADITIONAL FOODS RESOURCE GUIDE

This Traditional Foods Resource Guide was made possible through SEARHC Health Promotion grant funds from the National Native Network, Administration for Native Americans, and other SEARHC funds. It is offered as a resource to support increased interest and knowledge of Traditional Foods to support the health, well-being, and prosperity of Alaska Native and American Indian People.

Native people have held the knowledge and accessed the benefits of traditional foods for centuries. Their daily harvesting activities provided highly nutritious, affordable food and contributed to healthy lifestyles. Traditional Native cultures believe that this food

NATIONAL NATIVE NETWORK TRADITIONAL FOODS RESOURCE GUIDE

for Indian Health Service areas - Alaska, California, Great Plains and Portland





- HOME
- ABOUT US
- MEMBER TRIBES
- DEPARTMENTS
- NEWSROOM
- CONTACT US

INTER-TRIBAL COUNCIL OF MICHIGAN, INC. / DEPARTMENTS / MATERNAL AND EARLY CHILDHOOD SERVICES

Maternal and Early Childhood Services

- Safe Sleep
- Breastfeeding Project
- Head Start Services
- Healthy Start
- Honoring Our Children Initiative
- Head Start Staff
- Maternal and Child Health Staff
- Resource Library
- Tribal Home Visiting
- Bereavement Services

Resource Library

- Fetal Alcohol Spectrum Disorders
- Prescription/Opiate Drug Abuse
- Breastfeeding
- Safe Sleep
- Early Childhood
- Mental Health
- Program Forms
- Collective Impact
- Smoking Cessation
- Home Visitor Resources

- ### DEPARTMENTS
- > Administration
 - > Behavioral Health Services
 - > Child & Family Assistance
 - > Environmental Services
 - > Health Education and Chronic Disease
 - > Maternal and Early Childhood Services

INTER-TRIBAL COUNCIL OF MICHIGAN, INC. / DEPARTMENTS / HEALTH EDUCATION AND CHRONIC DISEASE

Health Education and Chronic Disease



Digital Stories

REACH – Journey to Wellness

Breast and Cervical Cancer Control Support Program

Cancer Prevention and Control

Digital Stories

Healing: Part of Being ...

www.itcmi.org



Michigan Tribal Food Access Collaborative

Funded by Michigan Health Endowment Fund

- ▶ Overall goals: Address health disparities such as nutrition and overweight/obesity. Focusing on Native American families with children aged 3-11
 - ▶ 1) Build and strengthen tribal workforce capacity
 - ▶ 2) Improve coordination of care between the providers and nutrition education professionals
 - ▶ 3) Utilization of community food access points and culturally adapted nutrition education resources

Definition of Collective Impact



“A disciplined, cross-sector approach to solving complex social and environmental issues on a large scale.”

- FSG: Social Impact Consultants

<https://www.youtube.com/watch?v=pzmMk63ihNM>

Comprehensive Early Childhood System Equation

Services + Infrastructure = System

Accessible
High Quality
Culturally Responsive
Inclusive

Define & Coordinate Leadership
Recruit & Engage Stakeholders
Finance Strategically
Enhance & Align Standards
Create & Support Improvement
Ensure Accountability

The Collaboration Spectrum

Compete	Co-exist	Communicate	Cooperate	Coordinate	Collaborate	Integrate
Competition for clients, resources, partners, public attention.	No systematic connection between agencies.	Inter-agency information sharing (e.g. networking).	As needed, often informal, interaction, on discrete activities or projects.	Organizations systematically adjust and align work with each other for greater outcomes.	Longer term interaction based on shared mission, goals; shared decision-makers and resources.	Fully integrated programs, planning, funding.

Turf

Trust

Pre-conditions of Collective Impact

- ✓ Urgency of Issue
- ✓ Influential Champion(s)
- ✓ Adequate Resources



Collaboration Builds Collective Impact

The Five Conditions of Collective Impact

Common Agenda	Diverse Voices * Responsive * Community Aspiration
Shared Measurement	Exploring * Alignment * Tracking Progress * Results
Mutually Reinforcing Activities	Weaving * System * Supportive * Centered
Continuous Communication	Trust * Transparency * Ongoing * Engaging
Backbone Support	Facilitate * Convener * Coordinate * Movement





Lessons regarding collaboration from TELI (Tribal Early Learning Initiative) and the Tamarack Institute (TA), 2017

“Nothing as Practical as Good Theory”

Carol Weiss (1995) in Aspen Institute’s *New Approaches to Evaluating Community Initiative*

- Concentrates our attention on what is most important
- Facilitates consolidation of lessons across initiatives
- Requires implementers to make their assumptions explicit
- Evaluations that address embedded assumptions might be more influential on policy



Lessons regarding collaboration from TELI (Tribal Early Learning Initiative) and the Tamarack Institute (TA), 2017

WICKED (COMPLEX) PROBLEMS

Horst Rittel & Melvin Webber (1973)

- Every wicked problem is unique
- No single explanation
- No single theory
- Strategy needs to adapt
- Interconnected problems –one wicked problem is connected to another
- Difficult to evaluate
- Everything and anything can interact – problem can change the solution
- Intervention can make the problem worse
- Problems can be improved but not solved
- Difficult to claim success



Lessons regarding collaboration from TELI (Tribal Early Learning Initiative) and the Tamarack Institute (TA), 2017

To Get to the Good, You Gotta Dance with the Wicked

- Cynthia Gibson, Katya Smyth, Gail Nayowith, & Jonathan Zaff
- Stanford Social Innovation Review (Sept 2013)

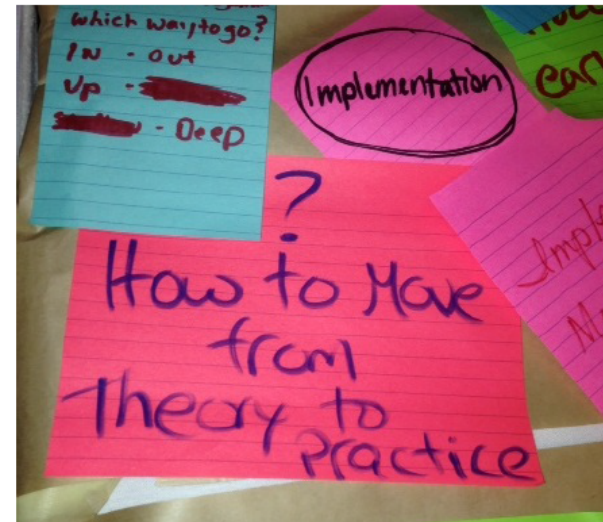
“Wicked problems put up a vicious fight against the best theories of change, because long-term, transformational changes will never lend themselves to logic models with neat little boxes. Wicked issues are shape-shifting, and our theories of change must be **clear enough to guide us yet flexible enough to keep up with the problem.**”



Challenges in getting teams to use theory of change

- Too abstract, just an “evaluation thing”
- A central, shared, or foundation theory of change *and/versus* many local theories
- Different composition of implementation teams, different language & styles
- “We know what we need to do”


The challenge is not in the definition of a good theory but in the collective good use of one





Theory of Change Resources

- Theory of Change website: <http://www.theoryofchange.org/>
- Imagine Act Believe, Annie E. Casey Foundation:
<http://www.aecf.org/resources/a-framework-for-learning-and-results-in-community-change-initiatives/>
- Community Tool Box – 9 key steps: <http://ctb.ku.edu/en/4-developing-framework-or-model-change>



Coming together is a beginning
Keeping together is progress
Working together is success!



National Native Network Online

www.KeepItSacred.org



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Linkedin.com/company/KeepItSacred