

KEEP IT SACRED

NATIONAL NATIVE NETWORK



National Native Network
Technical Assistance Webinar

Faculty Disclosure Statement

- Funding for this webinar was made possible by the Centers for Disease Control and Prevention DP18-1808 *National Network Approach to Preventing and Controlling Tobacco-related Cancers* Cooperative Agreement. Webinar contents do not necessarily represent the official views of the Centers for Disease Control and Prevention or the U.S. Department of Health and Human Services.
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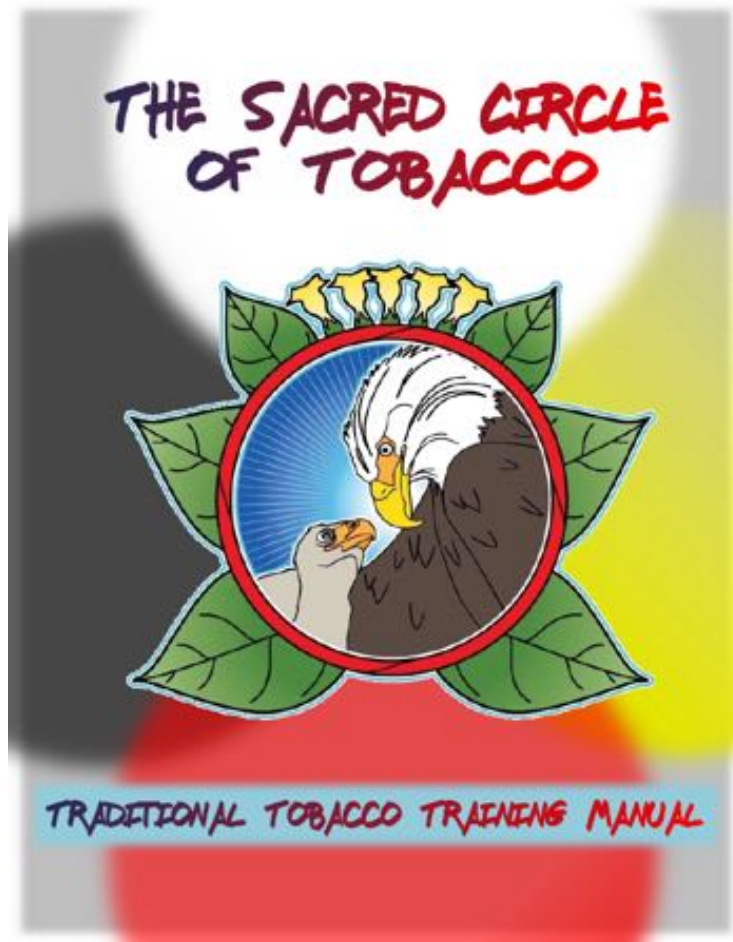
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Welcome to the National Native Network technical assistance webinar.

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The Sacred Circle of Tobacco



Traditional Tobacco
Training Manual

Webinar

November 28, 2018

Welcome



Alberta Becenti
Public Health Advisor
Health Promotion and Disease Prevention
Indian Health Service

Welcome



CoCo Villaluz

Senior Community Development Manager
ClearWay Minnesota

Welcome



Joshua Hudson
Program Manager
National Native Network

Learning Objectives

At the conclusion of the presentation, the participants will be able to:

1. Differentiate between commercial and traditional tobacco use.
2. Recognize the importance of engaging youth to increase the awareness of sacred tobacco.
3. Identify Sacred Circle of Tobacco as a resource to address commercial tobacco use.

Outline

Background

History of The Sacred Circle of Tobacco (TSCOT)

Who are the Partners

Sacred Use of Traditional Tobacco

Overview of TSCOT Manual

Questions/Answers

Background

Significant health disparities among American Indian/
Alaska Natives

Cardiovascular Disease (1st)

Cancer (2nd)

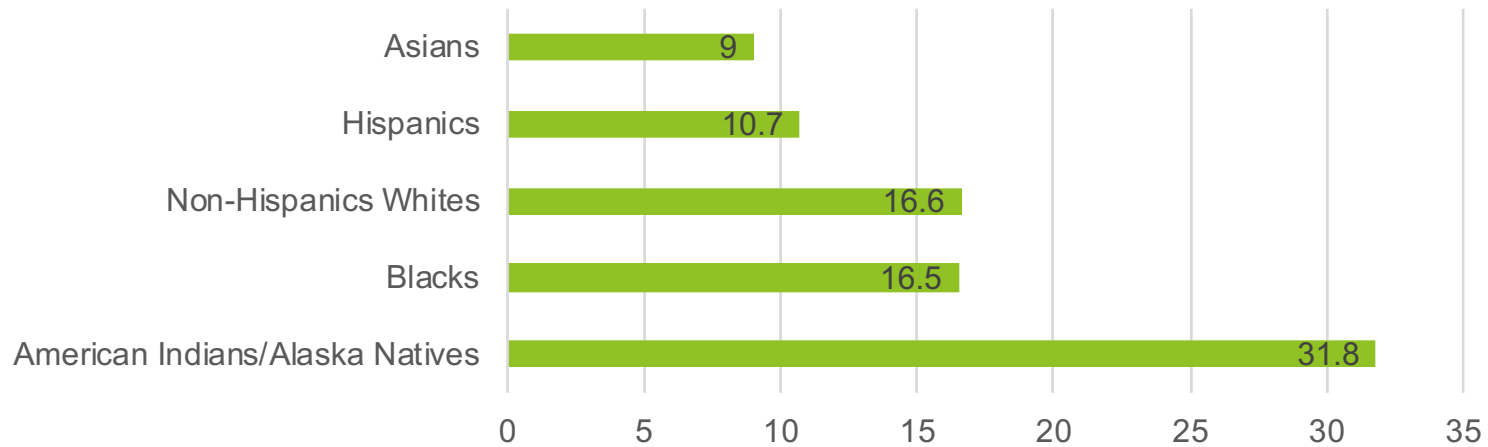
Diabetes (4th)

Many of the health conditions and diseases are related to
lifestyle behaviors

Such as commercial tobacco use, physical inactivity, and poor diet

Cigarette Smoking

Cigarette Smoking by Race/Ethnicity



Source: Centers for Disease Control and Prevention: http://www.cdc.gov/tobacco/data_statistics/fact_sheets/health_effects/tobacco_related_mortality/

Smoking Patterns

Regional variations in cigarette smoking exist among American Indians/Alaska Natives

Lower prevalence in the Southwest

higher prevalence in the Northern Plains and Alaska

More American Indian/Alaska Native women smoke during their last 3 months of pregnancy

26.0% compared to 14.3% of whites

8.9% of African Americans

3.4% of Hispanics, and 2.1% of Asians/Pacific Islanders

Youth Engagement

Important principle of youth development

Empower youth to engage in positive activities to tackle important issues

Leads to positive changes

Develop leadership and public speaking skills

Increase self confidence and connectedness

History of the Sacred Circle of Tobacco

Key Individuals:

Vicky Augare (Blackfeet/Cree)

Nyleta Belgarde (Ojibwe)

Daniel Fox (Lakota/Arikara)

Kathy Reddies (Assiniboine/Sioux)

Danny Vollin (Salish)

Cary Youpee (Sioux/Assiniboine)

Key Organizations:

Montana Tobacco Use Prevention Program

Combined Coalition for Urban Indian Health

Great Falls Indian Family Health Clinic

Helena Indian Alliance

Missoula Indian Center

University of Montana - Missoula

Partners for TSCOT 2nd Edition:

Key Individuals:

CoCo Villaluz (Hidatsa/Assiniboine/Chamorro)

Lori New Brest (Pikuni)

Alberta Becenti (Navajo)

Joe Law (Klamath/Siletz/Northern Cheyenne)

Suzanne Nash (Ojibwe)

Jacquie Arpan (Oglala Lakota)

Joshua Hudson (Ojibwe)

Key Organizations:

National Native Network

ClearWay Minnesota

Indigenous Peoples Task Force

Indian Health Service

Sacred Use of Traditional Tobacco



Mission and Goals of TSCOT

The primary mission of The Sacred Circle of Tobacco (TSCOT) curriculum is to reinforce the traditional uses of tobacco by AI/AN people by educating youth of the spiritual and cultural significance of tobacco.

Goals are to:

Educate youth to understand and identify the positive aspects of keeping tobacco sacred - adopting a culturally specific and spiritual relationship to tobacco, and a greater sense of pride in traditional lifeways.

Develop youth as leaders and advocates - developing skills so they in turn can teach others, sharing the unique aspects of traditional uses of tobacco.

Format of TSCOT

Overview: This session encourages youth to introduce themselves, share information that best describes them, and assess their current knowledge on tobacco.

Learning Objectives: By the end of this session, the participants will be able to:

- 1) Identify and share information that best describes them.
- 2) Assess their knowledge on tobacco.

Supplies: Markers, flip chart, tape and papers or cards.

Activities/Preparation:

Activity/Time	Preparation
Activity 1: Introduction and Energizer Time: 15-30 minutes	Write each of the words in large letters (using a marker) on a paper (using half a sheet).
Activity 2. Setting Ground Rules Time: 5 minutes	Write in large letters "Our Ground Rules" on the flip chart.
Activity 3: What do you Know About Tobacco? Time: 15 – 20 minutes	Write the following statements on the chalk board or on a flip chart: in large letters write "Agree (Take 2 steps forward)", "Disagree (stay where you are) and "Don't Know (take 1 step back).
Activity 3: The Truth about Commercial Tobacco Time: 10 minutes	

Overview of TSCOT Manual:

How to use?

Recruit an adult mentor and youth

If needed, schedule an one-day training for adult mentor & youth

After the training, the youth are expected to develop a plan with encouragement and support from their adult mentor.

Who can use TSCOT?

Everyone!

Where to access TSCOT?

National Native Network's website, under 'resources' tab

Questions and Answers

Please type the questions into the chat box!

Contact Information:

Alberta Becenti

Public Health Advisor

Health Promotion and Disease Prevention

Indian Health Service

alberta.becenti@ihs.gov

CoCo Villaluz

Senior Community Development Manager

ClearWay Minnesota

cvillaluz@clearwaymn.org

Joshua Hudson

Program Manager

National Native Network

Inter-Tribal Council of Michigan

jhudson@itcmi.org