



Fact Sheet: Tobacco Cessation Counseling Reimbursement

Introduction: The Cherokee Nation is the second largest Indian Tribe in the United States and the largest Indian Nation in the state of Oklahoma. Oklahoma has the second highest population of Indian people residing in a state (273,230). Combined, Indian tribes are the fourth largest employer in the state. There are more than 300,000 Cherokee tribal citizens.

The Cherokee Nation Community Health Promotion has made it a priority to work on the development, implementation, and monitoring of policy, systems and environmental change strategies that have impact on the prevention of chronic disease. In the last 10 years Cherokee Nation Health Services has specifically focused on strategies related to promoting physical activity, preventing exposure and use of commercial tobacco and increasing access to healthy food options. Cherokee Nation is working closely with municipalities, worksites, schools, communities, and health care settings to plan and implement these priority strategies that not only target tribal citizens but all people living in the CN tribal service area.

Challenge: Cherokee Nation Community Health Promotion believes that the key to reaching Native American who reside within Cherokee Nation who use commercial tobacco is through utilizing the EMR (Electronic Medical Records). Documentation was strictly not enough to get help for patients who use commercial tobacco. The steps to getting help were more resourceful through the partnership with the Oklahoma State Department of Health, The Oklahoma Healthcare Authority and Cherokee Nation to assist with counseling and referrals to the free 1-800-Quit Line would assist in helping Cherokee Citizens to quit commercial tobacco abuse. SoonerCare Benefits provided resources back to the Cherokee Nation to better help patients.

Methods: Tobacco Counseling: Cherokee Nation Community Health Promotion has partnered with the State of Oklahoma to implement policy, systems, and environmental changes for over 20 years. This partnership will offer a reimbursement to designated providers who work with eligible patients to make a tobacco quit attempt.

The following guidelines detail specific requirements within the Sooner Care™ Benefit.

SoonerCare™ Benefit

Two cessation attempts are allowed per year

- ✚ Each attempt may include up to 4 counseling sessions with a maximum of eight sessions per twelve month period

- ✚ Providers must use the 5 A's approach when counseling patients
 - Asking the patient to describe their smoking use
 - Advising the patient to quit
 - Assessing the willingness of the patient to quit
 - Assisting the member with referrals and plans to quit, and
 - Arranging for follow-up
- ✚ Sessions must occur in the provider office and or outpatient setting
- ✚ Smoking and Tobacco Use Cessation Counseling is a covered service when performed by physicians, physician assistants, advanced registered nurse practitioners, certified nurse midwives, dentists, and Oklahoma State Health Department and FQHS nursing staff.
- ✚ It is reimbursed in addition to any other appropriate global payment for obstetrical care, PCP care coordination payments, evaluation and management codes or other appropriate services provided.
- ✚ It must be a significant, separately identifiable service, unique from any other service provided on the same day.

SoonerCare™ Benefit Rates

✚ **3-10 Minutes**
Billing Code- 99406

Over 10 minutes
Billing Code- 99407

3-10 minutes
Dental Code- D1320

Documentation

Medical record documentation must include a separate process note with the member specific information addressing the 5 A's counseling; beginning and ending times performing the service and the signature with credentials of the direct service provider.



Results: Cherokee Nation already had in place the Oklahoma Help Quit Line Fax Referral system, so utilizing the EMR will be a better resource when assisting with referrals and provide the counseling. The template below is a resource designed by the Oklahoma State Department of Health in documenting patient counseling. EMR will also provide resources to collect data on the number of referrals documented.

5 A's of Tobacco's Cessation Counseling



Client's Name:

Physician Billing Codes: 99406 - (3-10 min.)

99407 - (10+ min.)

Dental Billing Code: D1320 - (3-10 min.)

Providers are encouraged to refer patients to the Oklahoma Tobacco Free Helpline

Visit Date	___/___/___	___/___/___	___/___/___	___/___/___
Start Time	___:___	___:___	___:___	___:___
ASK every patient every time (1 minute)	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day)
ADVISE all tobacco users of the consequences (1 minute)	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day)
ASSESS willingness to make a quit attempt (1 minute)	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day)
Assist with treatment and referrals (3+ minutes)	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day)
Arrange follow up (1 minute)	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day) 	<ul style="list-style-type: none"> ▪ Does Not Smoke ▪ Recently Quit ▪ Light Smoker (less than 25 cigarettes a day) ▪ Heavy Smoker (25+ cigarettes a day)
Comments:				
End Time	___:___	___:___	___:___	___:___
Provider Signature				
Credentials				