

**A TIP ABOUT
SECONDHAND
SMOKE**

TM

**TOKATAKIYA
WICOICAGE
K'UN CANLI UNPA
PI WOKOKIPE.**

**Nathan, Age 54
Oglala Sioux
Idaho**

Secondhand smoke at work triggered Nathan's severe asthma attacks and caused infections and lung damage. If you or someone you know wants free help to quit smoking, call **1-800-QUIT-NOW**.

#CDCTips



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention
[CDC.gov/tips](https://www.cdc.gov/tips)