



Cancer Risk Reduction in Indian Country



A Project of Inter-Tribal Council of Michigan, Inc.



Cervical Cancer and American Indian Women

Amanda M. Youngers, CNM, MSN

Certified Nurse Midwife
Oyate Health Center

amanda.youngers@gptchb.org



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Amanda Grover

Cervical Cancer Survivor



Faculty Disclosure Statement

- Funding for this webinar was made possible by the Centers for Disease Control and Prevention DP18-1808 Consortium of Networks to Impact Populations Experiencing Tobacco-Related and Cancer Health Disparities grant. Webinar contents do not necessarily represent the official views of the Centers for Disease Control and Prevention.
- No commercial interest support was used to fund this activity.



Accreditation

The Indian Health Service (IHS) Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The IHS Clinical Support Center designates this live activity for 1 hour of *AMA PRA Category 1 Credit*™ for each hour of participation. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Indian Health Service Clinical Support Center is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is designated 1.0 contact hour for each hour of participation.



CE Evaluation and Certificate

- Continuing Education guidelines require that the attendance of all who participate be properly documented.
- To obtain a certificate for continuing education, you must be registered for the course, participate in the webinar in its entirety, and submit a completed post-webinar survey.
- The post-webinar survey will be emailed to you after the completion of the course.
- Certificates will be presented digitally upon completion of evaluation.

Learning Objectives/Outcomes

As a result of participating in this activity, the healthcare team will:

1. Examine the progress and lifetime risk for cervical cancer in women with an abnormal pap smear.
2. Identify best practices for referral and treatment of cervical cancer.
3. Participate in the experience of one cervical cancer survivor regarding her journey with cervical cancer treatment during the pandemic.



Navigating the Cervical Cancer Journey

Amanda M. Youngers CNM MSN
Great Plains Tribal Leaders Health Board
Amanda Grover
Cervical Cancer Warrior

Disclosures

- Amanda M. Youngers CNM is a Commissioned Officer in the United States Public Health Service
 - She has no financial disclosures
- Amanda Grover
 - Mother, sister, warrior, cervical cancer survivor
 - She has no financial disclosures

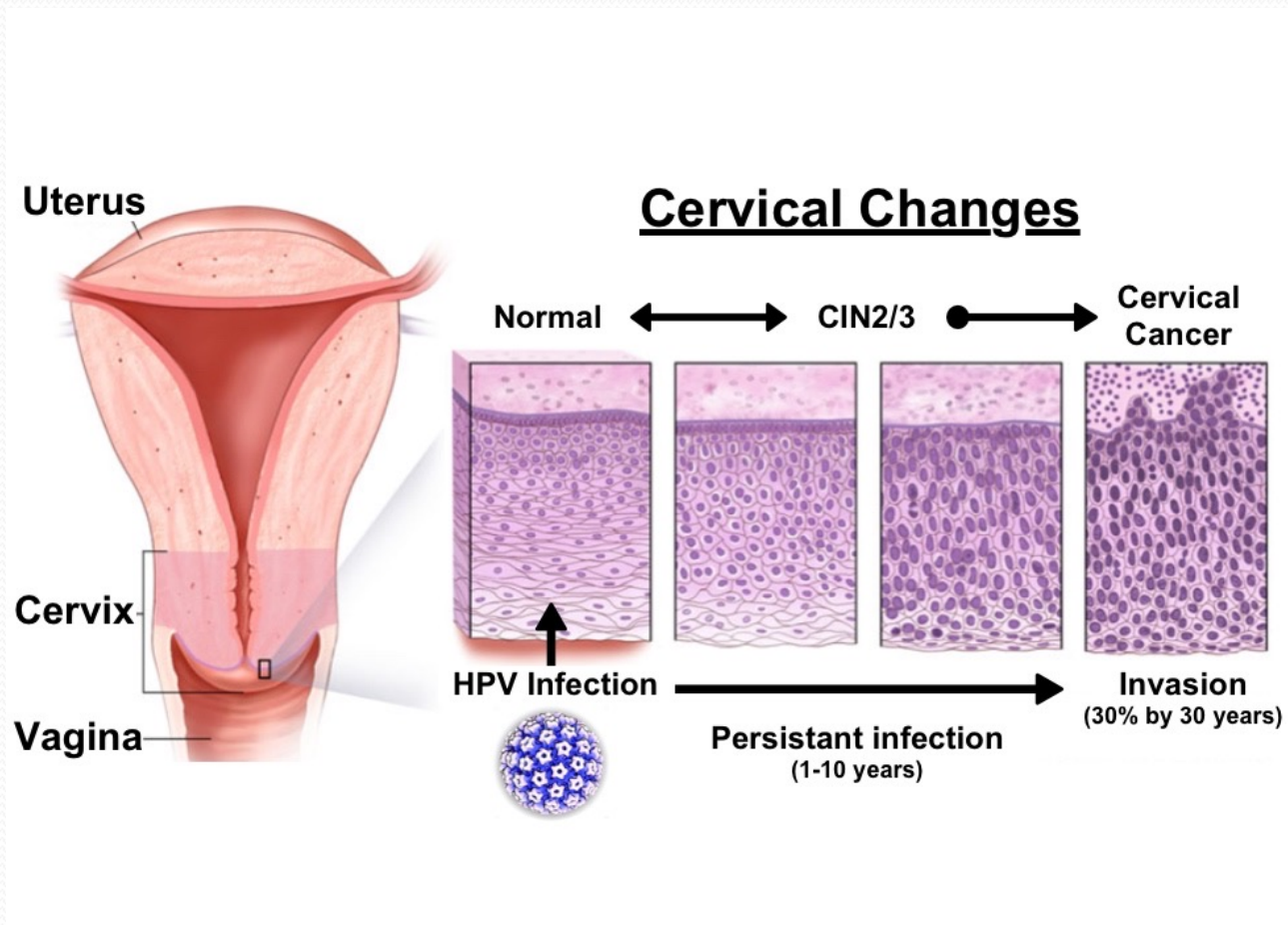
Objectives:

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Cervical Cancer across the age spectrum

- Most often diagnosed between ages 35-44
- Average age is 50
- About 20% of cervical cancers are diagnosed after the age 65 **
- It is rare for women younger than 20 to develop cervical cancer.
- 5 year survival rate for all women with cervical cancer is 66%

An infection with an unknown timeline



Pap Smear Screening Guidelines

| Woman's Age | How often should a woman have a Pap test? |
|------------------------------|--|
| under 21 years old | No testing needed |
| 21-30 years old | Pap test every 3 years |
| 30-65 years old | Pap test every 3 years or Pap and HPV every 5 years |
| 65 years old or older | No testing needed |

It's all about risk!

Figure 1. Summary of Risk-based Clinical Action Thresholds

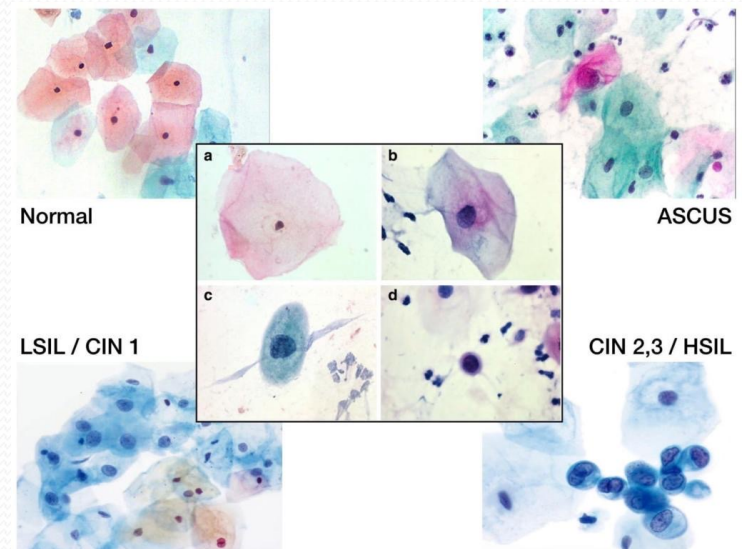
| | Surveillance | | | Colposcopy | Treatment | |
|------------|--|--|---|---|---|--|
| CIN3+ risk | Return in 5 years equivalent to general population with one negative HPV or co-test | Return in 3 years similar to a negative screening cervical cytology | Return in 1 year between colposcopy and 3-year return thresholds | Colposcopy Approximate risk of low-grade to moderately abnormal results in a screening population (e.g. LSI) | Colposcopy or Treatment Approximate risk of moderate to high risk results in a screening population (e.g. ASC-H) | Treatment preferred* Very high risk results (e.g. HSIL/HPV 16+) |
| | ≤0.1% at 5 years | 0.2% -0.5% at 5 years | 0.6% at 5 years to <4% immediate risk | 4%-24% immediate | 25%-49% immediate | ≥50% immediate |

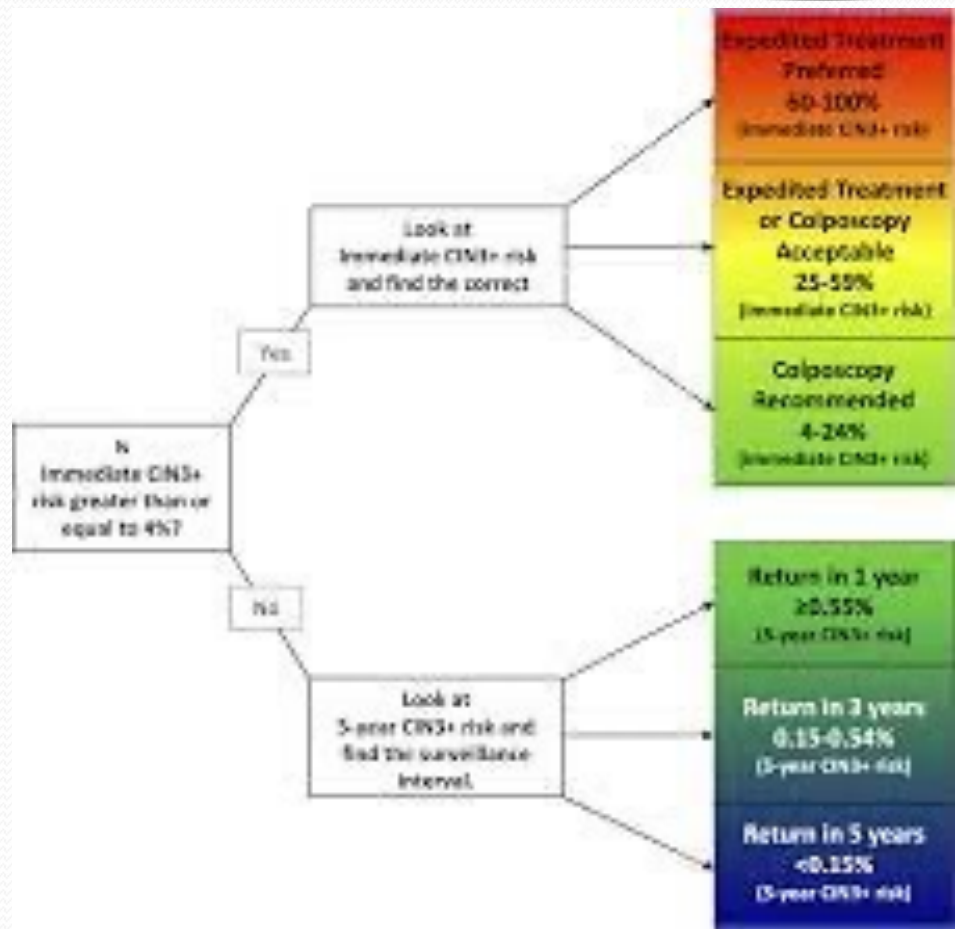
*treatment without biopsy, one-and-visit

www.asccp.org/management-guidelines

Ask us what? ASCUS!

- Atypical Squamous Cells of undetermined significance
- Ask about HPV testing....
 - HPV infection determines the risk for CIN III/AIS

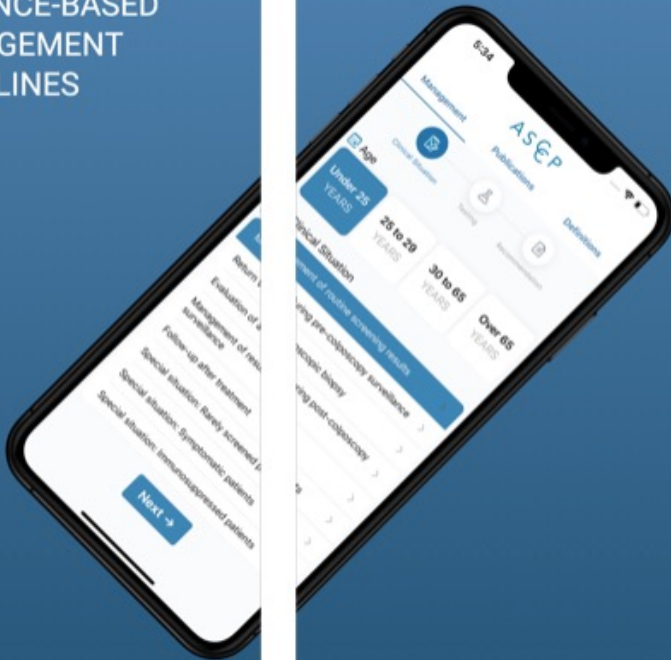




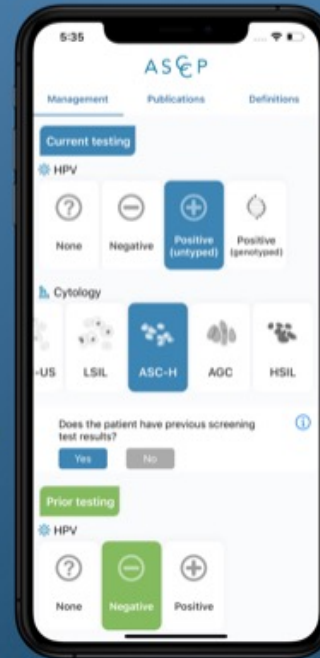
2019 ASCCP Risk-based management Consensus Guidelines for abnormal cervical cancer

How do I know when to refer a woman to colposcopy?

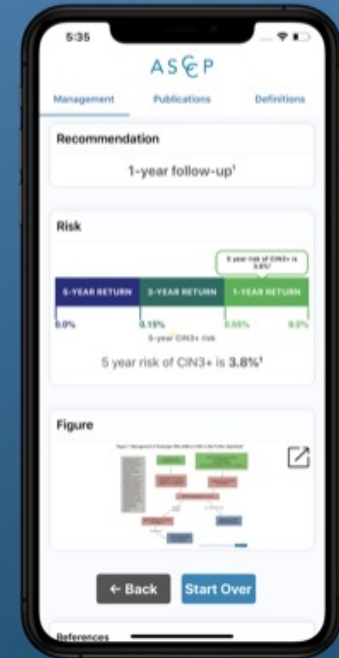
EVIDENCE-BASED
MANAGEMENT
GUIDELINES



SIMPLE
NAVIGATION



UNCOMPLICATED
GUIDANCE



ASCCP Clinical Guidelines

- American Society for Colposcopy and Cervical Pathology
- New updated guidelines updated 2019
- Rely on individualized assessments for risk of precancer (CIN₃₊), taking into account previous and current results.
- Main goal: Identify women at risk for CIN₃₊ or 5 year risk of progressing to precancer or cancer

My client has an abnormal pap – what do I do?



- Refer for colposcopy
 - Rely on breast and cervical cancer screening programs to help pay for further screenings
 - Work with local practitioners well known to community
 - Consider screen and treat same day for HGSIL lesions (colpo with LEEP)

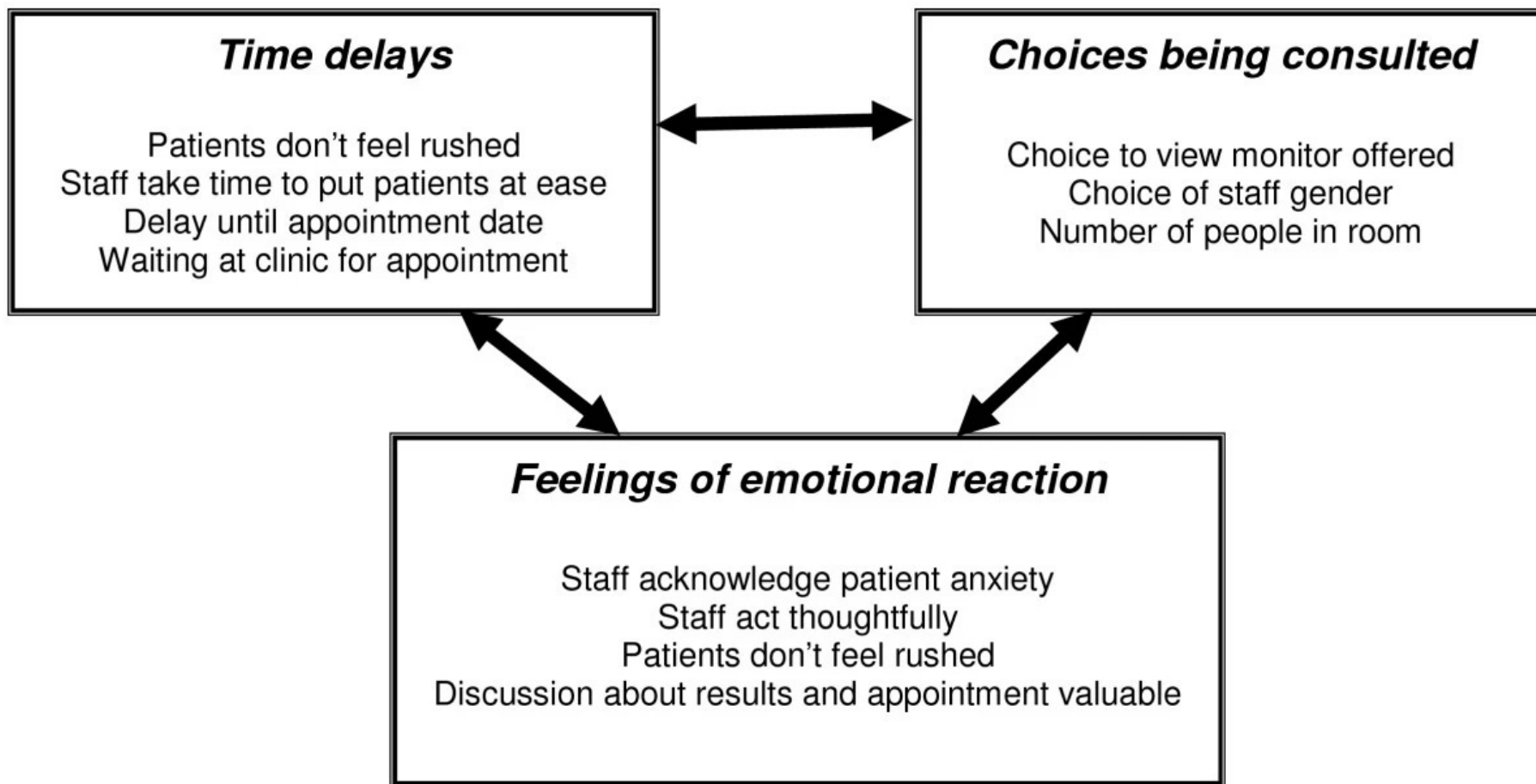
Common emotional reactions

- Negative

- Fear
- Anxiety
- Worry
- Apprehension
- Embarrassment

- Positive

- Relief
- Satisfaction
- Reassurance
- Glad and relaxed



Swancutt, D et al. Women's experience of colposcopy: a qualitative investigation. BMC Women's Health. 11, Article 11 (2011). Retrieved 1.21.2022

But what if it's cancer



Amanda's Journey:

Initial pap: 2019 – ASCUS + HR HPV

Repeat pap 2020: HGSIL/CIN III -> colposcopy:
adenocarcinoma insitu with invasive glandular involvement



Manda's Warriors



Oct 5, 2020 · 🌐

Last Thursday Manda was diagnosed with stage 2 Cervical cancer. her prognosis is great and we expect a 100% success with her treatment plan. Manda will be staying with Jen in Custer as she has to have daily radiation treatments and weekly chemo. Today was day 1. Her attitude is positive and her outlook is bright.

During her 6 -8 week treatment course she will not be working. Family and friends have created this page in an effort to organize some fundraisers so that she can focus on getting well without having to worry about paying her monthly bills. We will be posting information soon on T-shirt and bracelet sales as well and a cookie sale.

Outlook, emotions and feelings



Manda's Warriors



Oct 15, 2020 · 🌐

Sorry a little slow on updating! Manda is hanging tough despite her positive COVID results. She is continuing daily radiation, but chemo has been suspended for 2 weeks. No setback is expected from the change in treatment. Yesterday she was pretty worn out and had some tummy troubles but feels pretty good this morning. Just a reminder just 1 week left to order cookies, shirts and bracelets. The bracelets have come in so if you are just wanting bracelets please let CaCee McConaughy know and she will take care of you.

HUGE HUGE HUGE thank yous to everyone for their support and generosity!!!! Manda is a fighter for sure, but your prayers and support are going a long way in helping her in her fight!!!! Virtual hugs to all!



Manda's Warriors

Nov 2, 2020 · 🌐

Well it is a Monday for sure. Manda won't be able to have her radiation today or tomorrow due to broken machinery. Wednesday Am she checks in to the hospital for the 1st of 2 rounds of internal radiation.

We will know more on Wednesday but there is a possibility that Chemo will need to be extended due to the lymph node involvement. If this is the case, the chemo will be stronger and will cause hair loss....this currently is what Manda is finding the most upsetting. As we learn more we will update you. Please continue the prayers, good vibes, and positive thoughts. Your support through all of this has been a God Send.

Thank you.





Manda's Warriors

Nov 27, 2020 · 🌐



Done with radiation!!!! The whole family snuck up to Rapid this morning and surprised her! Can you say happy happy joy joy!



Treatments, humor and side effects



Manda's Warriors

Feb 8, 2021 · 🌐



And she's back! Direct quote:

On the plus side I haven't had to shave my legs or my pits since I started this round of chemo lol



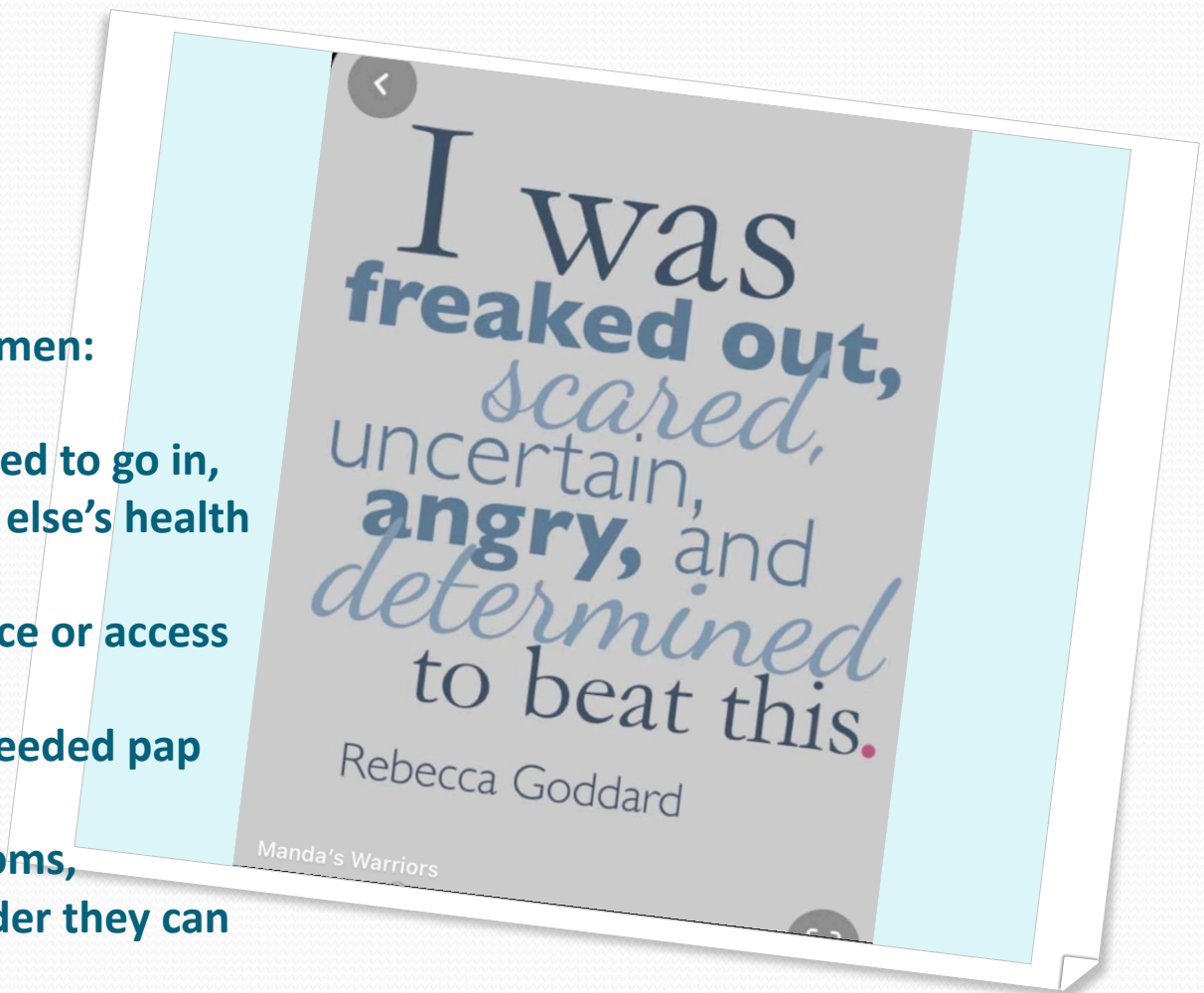
Manda's Warriors

Mar 15, 2021 · 🌐



Cancer Survivor!

Thank you to all the women:
who have fought hard,
who have been too scared to go in,
who have put everyone else's health
or lives first,
who don't have insurance or access
to get care,
who didn't think they needed pap
smears,
who didn't have symptoms,
who don't have a provider they can
trust,
who didn't know where to go...
I honor you!





Upcoming Webinars

keepitsacred.itcmi.org/events

- March 30: Smoke-Free Tribal Housing Policies

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