

PEDIATRIC, ADOLESCENT, AND YOUNG ADULT CANCER SURVIVORSHIP ECHO



PROJECT BACKGROUND

Annually, more than 95,000 children (aged 0 to 14 years), adolescents (15 to 19 years), and young adults (20 to 39 years) receive a cancer diagnosis in the United States. While 85% of these individuals survive for at least five years, this growing population often deals with lasting effects from both cancer and its treatments. There are an estimated 2 million survivors of cancer that were diagnosed before the age of 40. Most adult survivors of pediatric, adolescent, and young adult cancers receive medical care from a primary care team.

However, these healthcare professionals may be unfamiliar with the unique survivorship issues and therefore, may not be prepared to provide appropriate long-term follow-up care for this population. The objective of these collaborative sessions is to deepen our comprehension of the distinct survivorship needs for survivors of pediatric, adolescent, and young adult cancers and foster robust discussions among providers in oncology and primary care regarding effective strategies for high-quality patient care.

PROJECT GOALS

The American Cancer Society (ACS) has developed an ECHO program to address the unmet long-term survivorship needs of survivors of pediatric, adolescent, and young adult cancers. The goal is for this ECHO program is:

- Increase knowledge of late effects of pediatric, adolescent, and young adult cancer and its treatments
- Create a supportive knowledge network of multi-disciplinary providers who care for survivors of pediatric, adolescent, and young adult cancers
- Provide telementoring to increase primary care providers' capacity to identify appropriate survivorship care strategies for their patients
- Employ case-based guided practice to create learning loops to allow for mastery of complex medical issues regarding survivorship

WHAT IS PROJECT ECHO?

[Project ECHO](#) is a telementoring program for health professionals that uses adult learning techniques and interactive video technology to connect distal community providers with specialist and multi-disciplinary teams in real-time collaborative sessions. Project ECHO uses the [ECHO model](#) to address the needs of the most vulnerable populations by equipping communities with the right knowledge, at the right place, at the right time. An ECHO session is similar to a virtual learning collaborative. Stakeholders from multiple locations connect at regularly scheduled times with a team of specialists using Zoom. During ECHO sessions, participants will present project-related cases offering questions, challenges or perceived barriers to subject matter experts and the other participants to brainstorm ways to help them. These discussions are supplemented with short didactic presentations to improve content knowledge and share evidence-informed best practices.

SAMPLE CURRICULUM TOPICS

- Overview of Survivorship for Pediatric, Adolescent, and Young Adult Cancers
- Models of Cancer Survivorship Care & Strategies for Integration of Primary Care and Survivorship Care
- Late and Long-term Effects of Cancer Treatment
- Subsequent Cancers/Secondary Malignancies for Cancer Survivors
- Long-term Follow-up Guidelines and Survivorship Care Plans
- Psychosocial Care for Cancer Survivors
- Financial Toxicity in Survivorship
- Fertility and Hormonal Impacts of Cancer Treatment
- Resources and Referral Strategies for Survivors of Pediatric, Adolescent, and Young Adult Cancers
- Genetic Counseling and Testing for Cancer Survivors
- Healthy Living: Exercise and Nutrition for Cancer Survivors

VALUE IN PARTICIPATING

- Access to specialty consultation from national experts in the field with extensive experience in pediatric and AYA survivorship care
- Receive the latest information in cancer survivorship without the need for travel
- Professional interaction with colleagues with similar interests to reduce isolation
- Improve quality of care for the populations you serve with a goal of reducing disparities and improving equity
- Save more lives and improve the overall quality of life for the community

ROLES AND EXPECTATIONS

- Build a multidisciplinary ECHO team that would include a combination of healthcare team members*
- Team members will join each of the 10-12 monthly 60-minute ECHO sessions and actively participate (preferably with video on)
- Submit/Deliver one case presentation over the course of the ECHO program
- Actively participate (preferably with video on)
- Complete pre- and post-assessments, along with brief post-session poll surveys

*multidisciplinary team may include: Physicians (Primary care and Family Medicine physicians, Hospitalists, Palliative Care/Supportive Care Clinicians, Physician's Assistants, etc.) Nurses, Social Workers, CAN, MA, LPN, Patient Navigators, Registered Dieticians, rehabilitation therapists, sexual health experts, vocational counselors,

For more information about how ACS uses the ECHO model to fight cancer on all fronts, please visit echo.cancer.org. For questions or more information on this ECHO program, please contact Maggie Rogers at Maggie.Rogers@cancer.org or Allison Rosen at Allison.Rosen@cancer.org



In support of improving patient care, this activity has been planned and implemented by the American Cancer Society and Project ECHO. Project ECHO® is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center

AMA Designation Statement

Project ECHO® designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.