

QUIT FOR THE NEXT 7 GENERATIONS

Our ancestors lived in **balance** with each other, the land, and the water.

Commercial tobacco has disrupted that balance, but we have the strength to **restore** it.



scan me!

We've Got Your Back

- Free & confidential support
- Native coaches who understand
- Text, call, or online options
- Free quit medications available

CALL: 1-855-5AI-QUIT

VISIT: AIQuitline.com