

# QUIT FOR THE NEXT 7 GENERATIONS

Our ancestors lived in **balance** with each other, the land, and the water.

Commercial tobacco has disrupted that balance, but we have the strength to **restore** it.



## We've Got Your Back

- Free & confidential support
- Native coaches who understand
- Text, call, or online options
- Free quit medications available



Scan me!

**CALL: 1-855-5AI-QUIT**

**VISIT: [AIQuitline.com](https://AIQuitline.com)**